

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	21:00	18.2°C	76%
End	23:21	18.2°C	76%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	623	Alexandre Felicio	CORRER LISBOA	41:31			04:09
2	528	Tiago Lousa	Alphaden Wolves OCR	42:11	+00:40		04:13
3	775	Luís Pereira	Individual	42:11	+00:40		04:13
4	1234	Américo Luiz Gomes Pereira	Alphaden Wolves OCR	45:09	+03:38		04:31
5	941	Ricardo Casanova	Individual	45:12	+03:41		04:31
6	1233	Rodrigo Lousa Pereira	Alphaden Wolves OCR	45:28	+03:57		04:33
7	762	João M. S. Silva	Individual	45:54	+04:23		04:35
8	559	Emanuel Marques	CAPenafirme	45:55	+04:24		04:36
9	518	Bruno Lousa	Alphaden Wolves OCR	46:05	+04:34		04:37
10	1224	Gonçalo Oliveira	Individual	46:31	+05:00		04:39
11	657	Tiago Castela	Crossfit Odivelas	46:45	+05:14		04:40
12	1309	Hugo Prado	Individual	47:27	+05:56		04:45
13	1084	Paulo Ponteira	Os Manos	47:28	+05:57		04:45
14	881	Bruno Sousa	Individual	47:31	+06:00		04:45
15	1137	Rui Henriques	Serviços Sociais Montepio	48:17	+06:46		04:50
16	748	Diogo José Moreira de Sousa	Individual	48:33	+07:02		04:51
17	772	Luís Guilherme Torpes	Individual	48:33	+07:02		04:51
18	1058	Marco Francisco	Monsanto Running Team	48:55	+07:24		04:53
19	521	Tomás Gabriel Faustino Peixoto	Alphaden Wolves OCR	49:16	+07:45		04:56
20	664	Marco Proença	Elevadores Trail Team	49:16	+07:45		04:56
21	1194	Sérgio Neves	Treino no Park	50:10	+08:39		05:01
22	986	João Valadao	Individual	50:11	+08:40		05:01
23	524	David Silva	Alphaden Wolves OCR	50:23	+08:52		05:02
24	751	Frederico Bessa	Individual	50:29	+08:58		05:03
25	944	Ricardo Pires	Individual	50:30	+08:59		05:03
26	742	Bruno Miguel Resende Barros	Individual	50:58	+09:27		05:06
27	557	Jorge Pardal	Bora Lá	51:06	+09:35		05:07
28	682	Paulo Marques	Free Runners/IDentPrint	51:12	+09:41		05:07
29	736	Alessandro Borin	Individual	51:13	+09:42		05:07
30	1288	Joost Van Look	Individual	51:22	+09:51		05:08
31	804	Tiago Soares	Individual	51:55	+10:24		05:12
32	663	Luís Silva	Elevadores Trail Team	52:10	+10:39		05:13
33	895	João Paulo Gonçalves	Individual	52:21	+10:50		05:14
34	530	Antonio Pires	Alphaden Wolves OCR	52:35	+11:04		05:16
35	801	Tiago Fernandes	Individual	52:49	+11:18		05:17
36	1215	Alexandre Jorge	Zeus Team	52:50	+11:19		05:17
37	576	GONCALO COSTA	Clube Millennium BCP	52:51	+11:20		05:17
38	1012	Paulo Queirós 0	Individual	53:12	+11:41		05:19
39	1299	George Exarchos	Individual	53:23	+11:52		05:20
40	504	Ruben Cardoso	ACDRS QUINHENDROS	53:31	+12:00		05:21
41	952	Rui Mamede	Individual	53:50	+12:19		05:23
42	656	Nuno Gonçalves	Crossfit Odivelas	53:51	+12:20		05:23

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>	<b>CARD</b>
43	787	Pedro Miguel Nunes	Individual	53:56	+12:25	05:24	
44	705	Rui Machinho	GRUPO DESPORTIVO SANTANDER TOTTA	54:15	+12:44	05:26	
45	929	Pedro Brás	Individual	54:17	+12:46	05:26	
46	1302	Jonathan Maxence Plante	Individual	54:21	+12:50	05:26	
47	697	Rita Mogo	GRUPO DESPORTIVO SANTANDER TOTTA	54:22	+12:51	05:26	
48	984	João Prisal	Individual	54:35	+13:04	05:27	
49	659	Nuno Santos	Crossfit Odivelas	54:38	+13:07	05:28	
50	1107	João Carlos Brito da Silva Dias	RunWalkTalk Digital	54:39	+13:08	05:28	
51	1009	Paulo Manuel Costa	Individual	54:40	+13:09	05:28	
52	773	Luis Henrique Abreu de Pinho	Individual	54:41	+13:10	05:28	
53	959	Tiago Portugal	Individual	54:50	+13:19	05:29	
54	786	Pedro Maia	Individual	55:05	+13:34	05:30	
55	1120	MARCO MELO	SCALABIS NIGHT RUNNERS	55:05	+13:34	05:30	
56	1076	Óscar Lopes	opraticante.pt	55:05	+13:34	05:31	
57	1141	Rita Santos	SIMECQ	55:13	+13:42	05:31	
58	1143	Nuno Graça	SIMECQ	55:14	+13:43	05:31	
59	980	João Branco	Individual	55:16	+13:45	05:32	
60	1111	Fernando Santos	Sabores do paço trail Zatopeques	55:24	+13:53	05:32	
61	806	Vitor Cavadas	Individual	55:39	+14:08	05:34	
62	1129	Bruno Duque	Serviços Sociais Montepio	55:44	+14:13	05:34	
63	813	Rafael Alexandre Severino Barbosa	Individual	55:47	+14:16	05:35	
64	938	Pedro Vieira	Individual	55:53	+14:22	05:35	
65	738	André Teixeira Sousa	Individual	55:58	+14:27	05:36	
66	1131	Duarte Costa	Serviços Sociais Montepio	56:02	+14:31	05:36	
67	777	Mário Pereira	Individual	56:09	+14:38	05:37	
68	945	Ricardo Santiago	Individual	56:13	+14:42	05:37	
69	704	Nuno Henriques	GRUPO DESPORTIVO SANTANDER TOTTA	56:18	+14:47	05:38	
70	698	Filipe Monteiro	GRUPO DESPORTIVO SANTANDER TOTTA	56:19	+14:48	05:38	
71	744	Ciro Longobardi	Individual	56:28	+14:57	05:39	
72	1075	Nuno Lucas	opraticante.pt	56:29	+14:58	05:39	
73	709	Silverio Correia	GRUPO DESPORTIVO SANTANDER TOTTA	56:33	+15:02	05:39	
74	994	Mario Filipe	Individual	56:33	+15:02	05:39	
75	1179	José Massena	Treino no Park	56:33	+15:02	05:39	
76	1007	Paulo Gonçalves	Individual	56:35	+15:04	05:39	
77	918	Nuno Parreira	Individual	56:35	+15:04	05:40	
78	1077	António Soares	opraticante.pt	56:36	+15:05	05:40	
79	779	Miguel Ferreira	Individual	56:37	+15:06	05:40	
80	531	Nuno Filipe	Alphaden Wolves OCR	56:38	+15:07	05:40	
81	757	João braz	Individual	56:39	+15:08	05:40	
82	558	António Correia	Bouça Alta - Running	56:47	+15:16	05:41	
83	529	Tiago Santos	Alphaden Wolves OCR	56:58	+15:27	05:42	
84	790	Pedro serra	Individual	57:01	+15:30	05:42	
85	625	Catia Nascimento	CORRER LISBOA	57:10	+15:39	05:43	
86	1057	Pedro Sousa	Maximianos	57:11	+15:40	05:43	
87	1232	Mauro Pinto	Individual	57:17	+15:46	05:44	
88	650	Ricardo Carvalho	Corrida das Belas	57:19	+15:48	05:44	

## PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	642	Ruben Correia	Corrida das Belas	57:19	+15:48	05:44	
90	555	Tiago Duarte	Biker s da aldeia	57:31	+16:00	05:45	
91	1158	Henrique Amador	SS CGD	57:33	+16:02	05:45	
92	923	Paulo Gomes	Individual	57:34	+16:03	05:45	
93	915	Nuno Martins	Individual	57:35	+16:04	05:45	
94	1056	Sérgio Nunes	marvila jovem	57:43	+16:12	05:46	
95	755	Henrique Matos	Individual	57:44	+16:13	05:46	
96	708	Manuel Alves	GRUPO DESPORTIVO SANTANDER TOTTA	57:46	+16:15	05:47	
97	960	Tiago Tenente	Individual	57:46	+16:15	05:47	
98	1085	Rúben Nunes	OTC TEAM	57:50	+16:19	05:47	
99	526	Nuno Martins	Alphaden Wolves OCR	58:09	+16:38	05:49	
100	989	José Manuel Cruz	Individual	58:11	+16:40	05:49	
101	824	HeLena TauBGomes	Individual	58:19	+16:48	05:50	
102	765	João Pedro Martins Segundo Branco Falé	Individual	58:30	+16:59	05:51	
103	909	Mário Ferreira	Individual	58:30	+16:59	05:51	
104	949	Rui Almeida	Individual	58:36	+17:05	05:52	
105	1225	José Lopes	Individual	58:47	+17:16	05:53	
106	527	Ricardo Matos	Alphaden Wolves OCR	58:49	+17:18	05:53	
107	934	Pedro Miguel Almeida Costa	Individual	58:55	+17:24	05:54	
108	525	Luís Correia	Alphaden Wolves OCR	59:08	+17:37	05:55	
109	973	Duarte Lopes	Individual	59:09	+17:38	05:55	
110	1052	Tiago de Castro Campelo	Marmotas	59:13	+17:42	05:55	
111	893	Joao Oliveira	Individual	59:14	+17:43	05:55	
112	794	Roberto Pajuelo Martínez	Individual	59:15	+17:44	05:55	
113	567	Rui Ferreira	Casa do Benfica em Algueirão Mem Martins	59:22	+17:51	05:56	
114	1041	Cheila Duarte	Legião 13	59:25	+17:54	05:57	
115	822	Catarina Vieira	Individual	59:29	+17:58	05:57	
116	600	FERNANDO RODRIGUES	Clube Millennium BCP	59:31	+18:00	05:57	
117	1019	Rui Carvalho	Individual	59:36	+18:05	05:58	
118	983	João Pereira	Individual	59:41	+18:10	05:58	
119	1231	ritor martins	Individual	59:44	+18:13	05:58	
120	756	Ivandro Moreira	Individual	59:45	+18:14	05:58	
121	551	Nuno Soares	biker's	59:47	+18:16	05:59	
122	699	Ricardo Menino	GRUPO DESPORTIVO SANTANDER TOTTA	59:54	+18:23	05:59	
123	793	Ricardo Rodrigues	Individual	59:59	+18:28	06:00	
124	1083	Paulo Patrício	Os Manos	01:00:02	+18:31	06:00	
125	653	Nelson Jose Trindade Morouço Santos	CP CMP	01:00:04	+18:33	06:00	
126	1035	Licínio Fidalgo	Individual	01:00:06	+18:35	06:01	
127	752	Gonçalo Martins	Individual	01:00:07	+18:36	06:01	
128	754	Henrique Martins	Individual	01:00:07	+18:36	06:01	
129	590	CARLOS SINCERIDADES	Clube Millennium BCP	01:00:09	+18:38	06:01	
130	1204	Luis Figueira	Urban-Tri	01:00:10	+18:39	06:01	
131	1266	Eduardo Coelho	Urban-Tri	01:00:10	+18:39	06:01	
132	985	Joao Ribeiro	Individual	01:00:12	+18:41	06:01	



**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	859	Cidália Martins	Individual	01:02:18	+20:47	06:14	
179	583	ALEXANDRA COSTA	Clube Millennium BCP	01:02:18	+20:47	06:14	
180	611	PEDRO MATIAS	Clube Millennium BCP	01:02:18	+20:47	06:14	
181	598	CARLOS RAMOS	Clube Millennium BCP	01:02:19	+20:48	06:14	
182	1301	Atleta 1301	Individual	01:02:25	+20:54	06:15	
183	1069	Antonio Almeida	NUCLEO DESPORTIVO AUTOCOOPE	01:02:26	+20:55	06:15	
184	1304	Nuno Raposo	Individual	01:02:28	+20:57	06:15	
185	1105	Bernardo Miguel de Matos Raposo de Ornelas Candelária	RunWalkTalk Digital	01:02:29	+20:58	06:15	
186	1278	Andres schmidt	Individual	01:02:33	+21:02	06:15	
187	1281	keegan Reid	Individual	01:02:42	+21:11	06:16	
188	676	Carla Carneiro	Free Runners/IDentPrint	01:02:46	+21:15	06:17	
189	679	Marco Lourenço	Free Runners/IDentPrint	01:02:47	+21:16	06:17	
190	1153	Noémia Sequeira	SS CGD	01:02:49	+21:18	06:17	
191	1208	Daniel Barrocas	Volcanos	01:02:57	+21:26	06:18	
192	680	Paulo Henriques	Free Runners/IDentPrint	01:02:58	+21:27	06:18	
193	950	Rui Figueiredo	Individual	01:02:58	+21:27	06:18	
194	763	João Moita	Individual	01:02:59	+21:28	06:18	
195	533	Samuel Santos	AMPS	01:03:04	+21:33	06:18	
196	1275	Anhe Brauwiers	Individual	01:03:04	+21:33	06:18	
197	507	Tânia Almeida	ALL 4 ADVENTURE RUNNERS	01:03:07	+21:36	06:19	
198	1106	João Pedro de Melim Ferreira	RunWalkTalk Digital	01:03:19	+21:48	06:20	
199	768	Jose Ramirez	Individual	01:03:22	+21:51	06:20	
200	560	Flávio Fonseca	CAPenafirme	01:03:24	+21:53	06:20	
201	631	Vitor Martins	CORRER LISBOA	01:03:24	+21:53	06:20	
202	1037	Óscar Rocha	Individual	01:03:24	+21:53	06:20	
203	1283	Kerstin Helm	Individual	01:03:27	+21:56	06:21	
204	1284	Andreas Stiehler	Individual	01:03:27	+21:56	06:21	
205	591	EDUARDO FERREIRA	Clube Millennium BCP	01:03:30	+21:59	06:21	
206	1241	Nuno Morgado	GMCJamor	01:03:33	+22:02	06:21	
207	761	João Figueira	Individual	01:03:34	+22:03	06:21	
208	733	Tita Luis	Individual	01:03:34	+22:03	06:21	
209	1138	Pedro Boto	Serviços Sociais Montepio	01:03:36	+22:05	06:22	
210	815	Adília Rosa	Individual	01:03:37	+22:06	06:22	
211	1157	Alexandre Santos	SS CGD	01:03:39	+22:08	06:22	
212	1030	Diogo Santana	Individual	01:03:43	+22:12	06:22	
213	1156	Pedro Gomes	SS CGD	01:03:45	+22:14	06:22	
214	1173	Rui Alves	Tartarugas Solidárias	01:03:53	+22:22	06:23	
215	954	Rui Pedro Mónica	Individual	01:04:06	+22:35	06:25	
216	554	Quirino Caetano	Biker s da aldeia	01:04:07	+22:36	06:25	
217	532	André Santos	AMPS	01:04:16	+22:45	06:26	
218	534	Mauricio Arellano	AMPS	01:04:16	+22:45	06:26	
219	783	Nuno Oliveira	Individual	01:04:21	+22:50	06:26	
220	729	Rafaela Gonçalves	Individual	01:04:30	+22:59	06:27	
221	1239	Nelson Santos	Free Runners/IDentPrint	01:04:32	+23:01	06:27	
222	769	Júlio Tomás Gomes Teixeira	Individual	01:04:36	+23:05	06:28	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
223	946	Rogério Ribeirinho	Individual	01:04:38	+23:07	06:28	
224	1217	João Nuno	SS CGD	01:04:44	+23:13	06:28	
225	1070	CARLOS MAGALHAES	NUCLEO DESPORTIVO AUTOCOOPE	01:04:51	+23:20	06:29	
226	678	João Rodrigues	Free Runners/IDentPrint	01:04:56	+23:25	06:30	
227	622	Cláudia Videira	CORRER LISBOA	01:04:56	+23:25	06:30	
228	1003	Nuno Miguel Pires Mónico	Individual	01:05:00	+23:29	06:30	
229	914	Nuno Madureira	Individual	01:05:07	+23:36	06:31	
230	940	Ricardo Campos	Individual	01:05:12	+23:41	06:31	
231	1135	Paulo Rodrigues	Serviços Sociais Montepio	01:05:17	+23:46	06:32	
232	1042	Rui Duarte	Legião 13	01:05:23	+23:52	06:32	
233	1253	JESUS DIAZ GOMEZ	Individual	01:05:25	+23:54	06:33	
234	569	Carlos Oliveira e Silva	Casa do Benfica em Algueirão Mem Martins	01:05:29	+23:59	06:33	
235	568	Carlos Costa	Casa do Benfica em Algueirão Mem Martins	01:05:30	+23:59	06:33	
236	926	Paulo Marques	Individual	01:05:34	+24:03	06:33	
237	1100	João Paulo Relveiro	Relveiros	01:05:41	+24:10	06:34	
238	502	Nuno Silva	3B triatlo	01:05:47	+24:16	06:35	
239	727	Marina Cabanas	Individual	01:05:47	+24:16	06:35	
240	759	Joao Cerol	Individual	01:05:47	+24:16	06:35	
241	626	Marta Duarte	CORRER LISBOA	01:05:54	+24:23	06:35	
242	604	LUIS SILVA	Clube Millennium BCP	01:06:02	+24:31	06:36	
243	1025	William Cavendish	Individual	01:06:10	+24:39	06:37	
244	830	Maria Simões	Individual	01:06:12	+24:41	06:37	
245	988	José Brito	Individual	01:06:12	+24:41	06:37	
246	992	Luis Filipe Costa dos Santos	Individual	01:06:13	+24:42	06:37	
247	955	Sandro Filipe Cabrita Gonçalves	Individual	01:06:14	+24:43	06:37	
248	771	Luis Canadas	Individual	01:06:20	+24:49	06:38	
249	821	Carla Sofia e Silva Ribeiro	Individual	01:06:29	+24:58	06:39	
250	1223	Gonçalo Domingues	Individual	01:06:29	+24:58	06:39	
251	1094	Nuno Sobral	ptstudio	01:06:35	+25:04	06:39	
252	953	Rui Medeiros	Individual	01:06:35	+25:04	06:40	
253	1095	Pedro Duarte	ptstudio	01:06:35	+25:04	06:40	
254	1199	Ana Bigode	Urban-Tri	01:06:40	+25:09	06:40	
255	731	Rita Lopes	Individual	01:06:48	+25:17	06:41	
256	737	André Filipe do Norte Simão Ribeiro	Individual	01:06:48	+25:17	06:41	
257	890	João alho	Individual	01:06:48	+25:17	06:41	
258	931	Pedro Fernandes	Individual	01:06:55	+25:24	06:41	
259	872	Sandra Fernandes	Individual	01:06:55	+25:24	06:41	
260	784	Pedro charuto	Individual	01:06:59	+25:28	06:42	
261	655	Fábio Ribeiro	Crossfit Odivelas	01:07:04	+25:33	06:42	
262	1210	Diogo Cavalheiro	Volcanos	01:07:05	+25:34	06:43	
263	517	André Palma	Alphaden Wolves OCR	01:07:07	+25:36	06:43	
264	519	Edney Alexandre	Alphaden Wolves OCR	01:07:09	+25:38	06:43	
265	991	José Morgado	Individual	01:07:09	+25:38	06:43	
266	686	João Perneco	GDCT UNICRE	01:07:11	+25:40	06:43	
267	1209	Daniel Leichsenring	Volcanos	01:07:13	+25:42	06:43	
268	814	Vasco Ramos dos Loios	Individual	01:07:14	+25:43	06:43	



**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>	<b>CARD</b>
269	974	Duarte Porém	Individual	01:07:17	+25:46	06:44	
270	975	Fernando Correia	Individual	01:07:18	+25:47	06:44	
271	660	Tiago Silva	Crossfit Odivelas	01:07:24	+25:53	06:44	
272	520	Paulo Ruiz	Alphaden Wolves OCR	01:07:24	+25:53	06:44	
273	1108	Luis Filipe Branco Rodrigues Leitão	RunWalkTalk Digital	01:07:35	+26:04	06:45	
274	513	Gonçalo Baroutakis	Alpendrecos	01:07:35	+26:04	06:46	
275	610	PAULO RATO	Clube Millennium BCP	01:07:37	+26:06	06:46	
276	601	HELDER BAPTISTA	Clube Millennium BCP	01:07:37	+26:06	06:46	
277	612	PEDRO NEVES	Clube Millennium BCP	01:07:37	+26:06	06:46	
278	1114	Maria Pinto	SCALABIS NIGHT RUNNERS	01:07:38	+26:07	06:46	
279	1254	João Paulo Neves Neto	Individual	01:07:38	+26:07	06:46	
280	1119	EMANUEL SERRAZINA	SCALABIS NIGHT RUNNERS	01:07:39	+26:08	06:46	
281	636	Moisés Ventura	correr loures	01:07:42	+26:11	06:46	
282	920	Nuno Vieira	Individual	01:07:46	+26:15	06:47	
283	512	Maria Proenca	Alpendrecos	01:07:51	+26:20	06:47	
284	510	catarina simoes	Alpendrecos	01:07:51	+26:20	06:47	
285	515	Luis Afonso	Alpendrecos	01:07:51	+26:20	06:47	
286	514	Francisco Cid	Alpendrecos	01:07:51	+26:20	06:47	
287	654	Nelia Isidoro	Crossfit Odivelas	01:07:52	+26:21	06:47	
288	1150	Nuno Galvão	SIMECQ	01:07:56	+26:25	06:48	
289	1149	Ricardo Nobre	SIMECQ	01:07:57	+26:26	06:48	
290	1195	João Ribeiro	Trekking Nature	01:07:57	+26:26	06:48	
291	1191	Júlio Barão	Treino no Park	01:08:05	+26:34	06:49	
292	1065	José Morais	Nesha Hop & Run Team	01:08:06	+26:35	06:49	
293	1064	Ângelo Geraldo	Nesha Hop & Run Team	01:08:06	+26:35	06:49	
294	798	Sebastian Heber	Individual	01:08:07	+26:36	06:49	
295	1066	Luís Silva	Nesha Hop & Run Team	01:08:08	+26:37	06:49	
296	981	Joao camisao	Individual	01:08:08	+26:37	06:49	
297	1286	Steve Hazzehurst	Individual	01:08:11	+26:41	06:49	
298	750	Filipe Miguel Duarte Correia	Individual	01:08:22	+26:51	06:50	
299	1240	Luis Morgado	GMCJamor	01:08:25	+26:54	06:51	
300	1307	Fabiano Ferreira	Individual	01:08:29	+26:58	06:51	
301	998	Miguel velez	Individual	01:08:29	+26:58	06:51	
302	749	Filipe Frade	Individual	01:08:43	+27:12	06:52	
303	812	Francisco Azevedo	Individual	01:08:43	+27:12	06:52	
304	1207	Raul Azevedo	Urban-Tri	01:08:46	+27:15	06:53	
305	503	Luis Andrade	3B triatlo	01:08:49	+27:18	06:53	
306	1178	André Reis	Treino no Park	01:08:53	+27:22	06:53	
307	1176	Sandra Marques	Treino no Park	01:08:53	+27:22	06:53	
308	1203	Eduardo Poças	Urban-Tri	01:08:57	+27:26	06:54	
309	1133	Luís Grencho	Serviços Sociais Montepio	01:08:59	+27:28	06:54	
310	707	Lourenço Pereira	GRUPO DESPORTIVO SANTANDER TOTTA	01:09:02	+27:31	06:54	
311	951	Rui Filipe Ferro	Individual	01:09:04	+27:33	06:54	
312	855	Vera Carvalho	Individual	01:09:04	+27:33	06:54	
313	1027	Antonio Simoes Vieira	Individual	01:09:06	+27:35	06:55	
314	695	Tatiana Amorim	Grupeta running team	01:09:09	+27:38	06:55	







**PROVA PRINCIPAL - STAGE 1****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
405	581	VANDA ROSA	Clube Millennium BCP	01:14:23	+32:52	07:26	
406	807	Vítor Fernandes	Individual	01:14:24	+32:53	07:26	
407	740	Breno Figueiredo	Individual	01:14:24	+32:53	07:26	
408	688	Paulo Duarte	GDCT UNICRE	01:14:34	+33:03	07:27	
409	685	Carla Amorim	GDCT UNICRE	01:14:34	+33:03	07:27	
410	691	Pedro Arroja	GDCT UNICRE	01:14:38	+33:07	07:28	
411	1192	Luís Alves	Treino no Park	01:14:40	+33:09	07:28	
412	606	MARIO MENDES	Clube Millennium BCP	01:14:40	+33:09	07:28	
413	582	ADRIANA MEDEIROS	Clube Millennium BCP	01:14:41	+33:10	07:28	
414	861	Cristina Mendes	Individual	01:14:45	+33:14	07:29	
415	892	João Manuel Julio Machado	Individual	01:14:51	+33:20	07:29	
416	770	Lewis morris	Individual	01:14:52	+33:21	07:29	
417	990	Jose Melo	Individual	01:14:55	+33:24	07:29	
418	1034	Jose Ribeiro	Individual	01:14:58	+33:27	07:30	
419	523	Álvaro Mozzarella Manzo	Alphaden Wolves OCR	01:15:01	+33:30	07:30	
420	522	Tiago Ferreira	Alphaden Wolves OCR	01:15:01	+33:30	07:30	
421	782	Nozim Mehrubonov	Individual	01:15:03	+33:32	07:30	
422	796	Rui Pedro Branco	Individual	01:15:06	+33:35	07:31	
423	1089	Paulo Dantas	OTC TEAM	01:15:11	+33:40	07:31	
424	620	Ana Silvano	CORRER LISBOA	01:15:16	+33:45	07:32	
425	1257	Rui Gonçalves	Individual	01:15:28	+33:57	07:33	
426	692	Gonçalo Oliveira	GDCT UNICRE	01:15:37	+34:06	07:34	
427	1126	Claudia Grencho	Serviços Sociais Montepio	01:15:38	+34:07	07:34	
428	1060	Ana Filipa Palma	Nao fazemos nem mais um Km	01:15:40	+34:09	07:34	
429	1062	Rui Formenta Francisco	Nao fazemos nem mais um Km	01:15:41	+34:10	07:34	
430	1063	Jose Antonio Costa	Nao fazemos nem mais um Km	01:15:41	+34:10	07:34	
431	1061	Luis Alberto Vicente Mendes	Nao fazemos nem mais um Km	01:15:41	+34:10	07:34	
432	788	Pedro Neves	Individual	01:15:47	+34:16	07:35	
433	1102	João Leitão	Runlovers	01:15:53	+34:22	07:35	
434	1103	Nuno Marques	Runlovers	01:15:54	+34:23	07:35	
435	1101	Sandro Pinto	Runlovers	01:15:55	+34:24	07:36	
436	1252	Gonçalo Loureiro	Individual	01:15:59	+34:28	07:36	
437	972	Christian Luwisch	Individual	01:16:04	+34:33	07:36	
438	718	Catarina Branco	Individual	01:16:14	+34:43	07:37	
439	1028	Arménio Andrade	Individual	01:16:14	+34:43	07:37	
440	1132	Jorge Vieira	Serviços Sociais Montepio	01:16:28	+34:57	07:39	
441	1255	Miguel Abreu	Individual	01:16:42	+35:11	07:40	
442	1228	Rodrigo Paúl	Individual	01:16:42	+35:11	07:40	
443	1227	André Mendes	Individual	01:16:52	+35:21	07:41	
444	967	Artur Jorge dos Santos Pereira	Individual	01:16:55	+35:24	07:41	
445	848	Sara Joana Mendes Abrantes Cannas da Cunha	Individual	01:16:56	+35:25	07:42	
446	644	Marta Teias	Corrida das Belas	01:16:58	+35:27	07:42	
447	1110	Miguel bertolo	Sabores do Paco Trail zatopeques	01:17:00	+35:29	07:42	
448	1109	Ana Januario	Sabores do Paco Trail zatopeques	01:17:00	+35:29	07:42	
449	1245	Luís Casinhas	Individual	01:17:06	+35:35	07:43	

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
450	1022	Valter Branca Teixeira	Individual	01:17:19	+35:48	07:44	
451	904	Luis Militão	Individual	01:17:19	+35:48	07:44	
452	811	Filipe Militão	Individual	01:17:19	+35:48	07:44	
453	1249	Patrícia Silva	Individual	01:17:24	+35:53	07:44	
454	1263	Ângela Suzano	Monsanto Running Team	01:17:25	+35:54	07:44	
455	865	Kátia Almeida	Individual	01:17:28	+35:57	07:45	
456	643	Ana Reis	Corrida das Belas	01:17:33	+36:02	07:45	
457	910	Miguel Marques	Individual	01:17:35	+36:04	07:45	
458	987	Jorge Manuel Soares Ribeiro Mimoso	Individual	01:17:35	+36:04	07:46	
459	919	Nuno Sousa	Individual	01:17:45	+36:14	07:46	
460	906	Luis sanches	Individual	01:17:49	+36:18	07:47	
461	857	Anabela Luis	Individual	01:17:50	+36:19	07:47	
462	863	Elisabete Maria	Individual	01:17:52	+36:21	07:47	
463	968	Benny c	Individual	01:17:54	+36:23	07:47	
464	1013	Pedro Cardoso	Individual	01:17:54	+36:23	07:47	
465	1073	CARLOS FERREIRA	NUCLEO DESPORTIVO AUTOCOOPE	01:18:03	+36:32	07:48	
466	1312	Marcos Landim	Individual	01:18:07	+36:36	07:49	
467	978	joao almeida	Individual	01:18:11	+36:40	07:49	
468	592	FERNANDO ADREGA	Clube Millennium BCP	01:18:16	+36:45	07:50	
469	935	Pedro Rebelo	Individual	01:18:33	+37:02	07:51	
470	1086	Carla Luís Correia	OTC TEAM	01:18:33	+37:02	07:51	
471	1088	Manuel Correia	OTC TEAM	01:18:33	+37:02	07:51	
472	539	António Sérgio Madeira	Arrebenta a bolha	01:18:36	+37:05	07:52	
473	1071	JORGE MOREIRA	NUCLEO DESPORTIVO AUTOCOOPE	01:18:43	+37:12	07:52	
474	1212	Nina Pina	X	01:18:46	+37:15	07:53	
475	1213	Hugo marques	X	01:18:47	+37:16	07:53	
476	658	Ana Correia	Crossfit Odivelas	01:18:47	+37:16	07:53	
477	1269	Camille Rousseau	Individual	01:18:52	+37:21	07:53	
478	1270	Romain Rousseau	Individual	01:18:53	+37:22	07:53	
479	578	CARLA MEDEIROS	Clube Millennium BCP	01:18:55	+37:24	07:53	
480	546	Nuno Santos	Asas Almada/Seixal	01:18:55	+37:24	07:54	
481	579	MARTA ISABEL PEREIRA	Clube Millennium BCP	01:18:55	+37:24	07:54	
482	595	RICARDO ROGEIRO	Clube Millennium BCP	01:18:56	+37:25	07:54	
483	548	Serafim Marques	Asas Almada/Seixal	01:18:56	+37:25	07:54	
484	547	Agostinho Marques	Asas Almada/Seixal	01:18:56	+37:25	07:54	
485	545	Helena Cunha	Asas Almada/Seixal	01:18:56	+37:25	07:54	
486	810	Daniel Quaresma Nunes	Individual	01:18:59	+37:28	07:54	
487	932	Pedro Figueiredo	Individual	01:18:59	+37:28	07:54	
488	713	Vitor loureiro	Hallblacks	01:19:09	+37:38	07:55	
489	896	João Pedro Andrade Rosa Dias	Individual	01:19:09	+37:38	07:55	
490	711	Rute briganti	Hallblacks	01:19:12	+37:41	07:55	
491	1290	Joana Botto	Individual	01:19:14	+37:43	07:55	
492	971	Carlos Manuel Cordeiro Novo	Individual	01:19:31	+38:00	07:57	
493	1268	Manette Starreveld	Individual	01:19:35	+38:04	07:57	
494	1267	Hugo Van Diesen	Individual	01:19:35	+38:04	07:57	

**PROVA PRINCIPAL - STAGE 1****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
495	1305	Ana Magalhães	CORRER LISBOA	01:19:36	+38:05	07:58	
496	724	Julie Majchrzak	Individual	01:19:43	+38:12	07:58	
497	805	Vincent Moreira Batista de Barros	Individual	01:19:47	+38:16	07:59	
498	834	Marta Larcher Ferreira Amaro	Individual	01:19:58	+38:27	08:00	
499	1190	João Mareco	Treino no Park	01:20:12	+38:41	08:01	
500	541	Paulo Braga	Arribas	01:20:14	+38:43	08:01	
501	1146	Celeste Almeida	SIMECQ	01:20:15	+38:44	08:02	
502	1260	Paulo Manuel Virgilio Cachudo	Individual	01:20:15	+38:44	08:02	
503	1144	Ana Serra	SIMECQ	01:20:15	+38:44	08:02	
504	1306	Jerome Sind	Individual	01:20:32	+39:01	08:03	
505	867	Maria Nélia Pinto	Individual	01:20:34	+39:03	08:03	
506	869	Paula Gonçalves	Individual	01:20:34	+39:03	08:03	
507	823	Fernanda Simões	Individual	01:20:37	+39:06	08:04	
508	819	Andreia Soares	Individual	01:20:42	+39:11	08:04	
509	875	Natália Fernandes	Individual	01:20:48	+39:17	08:05	
510	1161	Susana Sousa	SUDU	01:20:48	+39:17	08:05	
511	1162	Eduardo Bernardo	SUDU	01:20:48	+39:17	08:05	
512	1185	Marta Batardo	Treino no Park	01:20:54	+39:23	08:05	
513	1000	Nuno Lopes	Individual	01:20:57	+39:26	08:06	
514	845	Sandra Silva	Individual	01:20:58	+39:27	08:06	
515	816	Ana Ferreira	Individual	01:21:16	+39:45	08:08	
516	936	Pedro Rodrigues	Individual	01:21:16	+39:45	08:08	
517	1243	Maddi Dick	Individual	01:21:32	+40:01	08:09	
518	1287	Joel Sousa	Individual	01:21:32	+40:01	08:09	
519	1024	Walter Miranda Santos	Individual	01:21:41	+40:10	08:10	
520	917	Nuno Nogueira e Silva Martins de Oliveira	Individual	01:21:41	+40:10	08:10	
521	1130	Diogo Raposo	Serviços Sociais Montepio	01:21:54	+40:23	08:11	
522	596	ARTUR LEITE	Clube Millennium BCP	01:22:02	+40:31	08:12	
523	1314	Atleta 1314	Individual	01:22:03	+40:32	08:12	
524	873	Susete Marques	Individual	01:22:04	+40:33	08:12	
525	982	Joao carlos Faustino	Individual	01:22:10	+40:39	08:13	
526	605	MANUEL PEREIRA	Clube Millennium BCP	01:22:11	+40:40	08:13	
527	1189	António Ribeiro	Treino no Park	01:22:16	+40:45	08:14	
528	1188	Maria de Fátima	Treino no Park	01:22:16	+40:45	08:14	
529	1186	Palmira Ferreira	Treino no Park	01:22:16	+40:45	08:14	
530	1184	Katya Mateus	Treino no Park	01:22:16	+40:45	08:14	
531	619	LUIS MENDES	Clube Millennium BCP	01:22:19	+40:48	08:14	
532	585	CARLA VAZ	Clube Millennium BCP	01:22:22	+40:51	08:14	
533	603	LUIS COSTA	Clube Millennium BCP	01:22:22	+40:51	08:14	
534	817	Ana Luísa Guerra	Individual	01:22:31	+41:00	08:15	
535	826	Isabel Caldeira	Individual	01:22:31	+41:00	08:15	
536	836	Mónica Alexandra da Cunha dos Santos	Individual	01:22:40	+41:09	08:16	
537	828	Leonor Costa	Individual	01:22:40	+41:09	08:16	
538	1147	Olga Galvão	SIMECQ	01:22:41	+41:10	08:16	
539	1145	Susana Mendes	SIMECQ	01:22:42	+41:11	08:16	

## PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
540	641	Andre Peralta	Corrida das Belas	01:22:47	+41:16	08:17	
541	647	Sofia Oliveira	Corrida das Belas	01:22:48	+41:17	08:17	
542	851	Susana Ferreira	Individual	01:22:49	+41:18	08:17	
543	599	EDUARDO PINTO	Clube Millennium BCP	01:22:54	+41:23	08:17	
544	1004	Nuno Prates	Individual	01:22:58	+41:27	08:18	
545	1248	Cátia Gomes Vin has	Individual	01:23:02	+41:31	08:18	
546	506	Mónica Rodrigues	ALL 4 ADVENTURE RUNNERS	01:23:03	+41:32	08:18	
547	617	JOAQUIM FULGENCIO	Clube Millennium BCP	01:23:07	+41:36	08:19	
548	602	LEONEL BRANDAO	Clube Millennium BCP	01:23:09	+41:38	08:19	
549	1053	José Manuel B. Gonçalves	Marmotas	01:23:10	+41:39	08:19	
550	1054	João António Prelhaz	Marmotas	01:23:10	+41:39	08:19	
551	1315	Atleta 1315	Individual	01:23:14	+41:43	08:19	
552	587	MARIA NOBRE	Clube Millennium BCP	01:23:25	+41:54	08:21	
553	706	Carlos Alves	GRUPO DESPORTIVO SANTANDER TOTTA	01:23:28	+41:57	08:21	
554	902	Luís Lourenço	Individual	01:24:05	+42:34	08:25	
555	854	Teresa Quaresma	Individual	01:24:06	+42:35	08:25	
556	673	José Garcez	Évora Night Runners	01:24:09	+42:38	08:25	
557	671	Ana Teresa Peças	Évora Night Runners	01:24:09	+42:38	08:25	
558	670	Ricardo Cunha	Évora Night Runners	01:24:10	+42:39	08:25	
559	674	Sérgio Rebola	Évora Night Runners	01:24:10	+42:39	08:25	
560	1139	Luís Reis	Serviços Sociais Montepio	01:24:16	+42:45	08:26	
561	1295	Tiago Oliveira	Individual	01:24:23	+42:52	08:26	
562	1222	Rita Cerqueira	Individual	01:24:23	+42:52	08:26	
563	639	Ana Rita Lino	Corrida das Belas	01:24:26	+42:55	08:27	
564	866	Luísa Guerra Santos	Individual	01:24:52	+43:21	08:29	
565	1187	Vera Pereira	Treino no Park	01:25:05	+43:34	08:30	
566	930	Pedro Cabral Borges	Individual	01:25:08	+43:37	08:31	
567	714	Alexandra Lopes	Individual	01:25:08	+43:37	08:31	
568	1093	Pedro Francisco	PP Trail Lovers	01:25:35	+44:04	08:33	
569	1092	Patrícia Soares	PP Trail Lovers	01:25:35	+44:04	08:33	
570	1036	MARIO PIRES	Individual	01:25:42	+44:11	08:34	
571	618	JORGE COLAÇO	Clube Millennium BCP	01:25:57	+44:26	08:36	
572	720	Cristiana Silva	Individual	01:25:59	+44:28	08:36	
573	1014	PEDRO CARVALHO	Individual	01:26:06	+44:35	08:37	
574	831	Mariana Pinheiro	Individual	01:26:11	+44:40	08:37	
575	621	Claudia Fonseca	CORRER LISBOA	01:26:12	+44:41	08:37	
576	837	Patrícia Nunes	Individual	01:26:12	+44:41	08:37	
577	1289	Laurien Op de Beeck	Individual	01:26:31	+45:00	08:39	
578	843	Sandra Andrade	Individual	01:26:51	+45:20	08:41	
579	632	Ricardo Dinies	correr loures	01:26:52	+45:21	08:41	
580	637	Carlos Vieira	correr loures	01:26:52	+45:21	08:41	
581	969	Carlos Alberto dos Santos Jesus	Individual	01:27:10	+45:39	08:43	
582	732	Susana Patricia Alegria Jesus	Individual	01:27:10	+45:39	08:43	
583	1181	Paulo Jorge Pereira Fernandes	Treino no Park	01:27:11	+45:40	08:43	
584	700	Sandra Cunha	GRUPO DESPORTIVO SANTANDER TOTTA	01:27:14	+45:43	08:43	
585	634	Palmira Ribeiro	correr loures	01:27:14	+45:43	08:43	

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
586	1020	Rui Miguel Vlias Sabino	Individual	01:27:16	+45:45	08:44	
587	635	Jorge Vaz	correr loures	01:27:21	+45:50	08:44	
588	550	Bruno Espadeiro	BE ENERGY	01:27:24	+45:53	08:44	
589	827	Isabel oleiro	Individual	01:27:30	+45:59	08:45	
590	1298	Lindsey seidman	Individual	01:27:34	+46:03	08:45	
591	1297	Monica Chow	Individual	01:27:34	+46:03	08:45	
592	666	Tiago Lopes	EVELX - Associação de Estilos de Vida Saudável	01:27:36	+46:05	08:46	
593	1116	TIAGO HENoch	SCALABIS NIGHT RUNNERS	01:27:38	+46:07	08:46	
594	1264	Catarina Montenegro	OMG O-Perdidos	01:27:38	+46:07	08:46	
595	1265	Tiago Lopes	OMG O-Perdidos	01:27:40	+46:09	08:46	
596	1200	Elisa Almeida	Urban-Tri	01:27:44	+46:13	08:46	
597	1206	João Lourenço	Urban-Tri	01:27:45	+46:14	08:46	
598	1033	JOSE LUIS CORREIA	Individual	01:27:54	+46:23	08:47	
599	947	Romão Santos	Individual	01:27:55	+46:24	08:47	
600	1277	Luisa Madeira	Individual	01:27:55	+46:24	08:48	
601	511	Manuela Guerreiro	Alpendrecos	01:27:55	+46:24	08:48	
602	542	Ana Maltez	As Quenianas	01:28:11	+46:40	08:49	
603	995	Mario Santos	Individual	01:28:20	+46:49	08:50	
604	1160	Francisco Clerigo	SS CGD	01:28:23	+46:52	08:50	
605	1226	Joana Fernandes	Individual	01:28:24	+46:53	08:50	
606	1237	Leonor Nini	Fifis da Mamã	01:28:26	+46:55	08:51	
607	549	Joana Lambin	BE ENERGY	01:28:26	+46:55	08:51	
608	1238	Mariana Nini	Fifis da Mamã	01:28:26	+46:55	08:51	
609	1127	Susana Costa	Serviços Sociais Montepio	01:28:30	+46:59	08:51	
610	572	Rui Emidio	Casa do Benfica em Algueirão Mem Martins	01:28:31	+47:00	08:51	
611	844	Sandra Gil	Individual	01:28:35	+47:04	08:51	
612	566	Rosa Gonçalves Dias	Casa do Benfica em Algueirão Mem Martins	01:28:40	+47:09	08:52	
613	562	Adriana Silva	Casa do Benfica em Algueirão Mem Martins	01:28:40	+47:09	08:52	
614	999	Nelson Inacio	Individual	01:28:59	+47:28	08:54	
615	957	Tiago David	Individual	01:29:01	+47:30	08:54	
616	543	Carla Costa	As Quenianas	01:29:13	+47:42	08:55	
617	544	Verónica Piazza	As Quenianas	01:29:13	+47:42	08:55	
618	753	Gonçalo Rodrigo Fernandes Saldanha	Individual	01:29:14	+47:43	08:55	
619	1246	Vital João Gomes Vilarinho	Individual	01:29:14	+47:43	08:55	
620	850	Susana Casimiro	Individual	01:30:41	+49:10	09:04	
621	907	Marco Andrade	Individual	01:30:48	+49:17	09:05	
622	880	Bruno Manuel Vicente Ramos	Individual	01:30:48	+49:17	09:05	
623	856	Ana Quintela Cruz	Individual	01:30:54	+49:23	09:05	
624	833	Marlene Oliveira	Individual	01:31:08	+49:37	09:07	
625	803	Tiago Miguel Esteves pereira Brito	Individual	01:31:10	+49:39	09:07	
626	633	Jací Monte	correr loures	01:31:16	+49:45	09:08	
627	1117	SUSANA ALMAS	SCALABIS NIGHT RUNNERS	01:31:42	+50:11	09:10	
628	1118	CARLOS HIPÓLITO	SCALABIS NIGHT RUNNERS	01:31:43	+50:12	09:10	
629	927	Paulo Porfírio Correia Teixeira	Individual	01:32:22	+50:51	09:14	
630	1046	Diogo Cruz	Lentos mas Felizes	01:32:50	+51:19	09:17	



PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
631	1048	Carlos Carvalho	Lentos mas Felizes	01:32:50	+51:19	09:17	
632	683	Ana Madeira	GDCT UNICRE	01:33:01	+51:30	09:18	
633	684	Raquel Marques	GDCT UNICRE	01:33:01	+51:30	09:18	
634	690	Paulo Marques	GDCT UNICRE	01:33:01	+51:30	09:18	
635	689	Paulo França	GDCT UNICRE	01:33:02	+51:31	09:18	
636	1216	Raul Neves	Individual	01:33:09	+51:38	09:19	
637	1279	Ana Sofia de Aguiar Rodrigues	Individual	01:33:25	+51:54	09:21	
638	1247	Ana Filipa Pinto Fernandes Duarte	Individual	01:33:27	+51:56	09:21	
639	1090	Rui Pastor	Pastor Racing	01:33:56	+52:25	09:24	
640	911	Nelson Jamais	Individual	01:33:57	+52:26	09:24	
641	901	Leonel Ferreira	Individual	01:33:57	+52:26	09:24	
642	820	Carla Bento	Individual	01:33:58	+52:27	09:24	
643	1291	Vanessa Rodrigues Dias	Individual	01:34:04	+52:33	09:24	
644	1292	Daniel Monteiro	Individual	01:34:05	+52:34	09:24	
645	669	António Sá Monteiro	EVELX - Associação de Estilos de Vida Saudável	01:34:36	+53:05	09:28	
646	841	Rita Marques	Individual	01:34:46	+53:15	09:29	
647	608	PAULO MATEUS	Clube Millennium BCP	01:34:55	+53:24	09:29	
648	574	GONCALO MATEUS	Clube Millennium BCP	01:34:55	+53:24	09:29	
649	908	Marco Filipe Fidalgo Monteiro	Individual	01:34:57	+53:26	09:30	
650	677	Diogo Rodrigues	Free Runners/IDentPrint	01:35:11	+53:40	09:31	
651	1032	José Catita	Individual	01:35:28	+53:57	09:33	
652	846	Sandra Sofia dos Santos Martins	Individual	01:35:29	+53:58	09:33	
653	1050	Carolina das N. C. Barata Gonçalves	Marmotas	01:36:23	+54:52	09:38	
654	1051	Ricardo Leonel Esteves	Marmotas	01:36:24	+54:53	09:38	
655	1068	LUIISA FERREIRA	NUCLEO DESPORTIVO AUTOCOOPE	01:36:42	+55:11	09:40	
656	1067	HELENA SANTOS	NUCLEO DESPORTIVO AUTOCOOPE	01:36:44	+55:13	09:40	
657	1171	João Santos	Tartarugas Solidárias	01:36:45	+55:14	09:41	
658	1174	Rui Duarte	Tartarugas Solidárias	01:36:45	+55:14	09:41	
659	556	Cristina Cunha	Bora Lá	01:36:46	+55:15	09:41	
660	1163	Rita Certã	Tartarugas Solidárias	01:36:46	+55:15	09:41	
661	1168	Ivo Claro	Tartarugas Solidárias	01:36:46	+55:15	09:41	
662	1165	Vanda Oliveira	Tartarugas Solidárias	01:36:46	+55:15	09:41	
663	1164	Carla Duarte	Tartarugas Solidárias	01:36:46	+55:15	09:41	
664	1166	Henriqueta Solipa	Tartarugas Solidárias	01:36:46	+55:15	09:41	
665	1169	Luís Cabaça	Tartarugas Solidárias	01:36:47	+55:16	09:41	
666	1172	RENATO PAULETA	Tartarugas Solidárias	01:36:47	+55:16	09:41	
667	1167	António Gonçalves	Tartarugas Solidárias	01:36:47	+55:16	09:41	
668	1177	Sofia Nascimento	Treino no Park	01:37:28	+55:57	09:45	
669	1193	Ricardo Basto	Treino no Park	01:37:30	+55:59	09:45	
670	616	FERNANDO FERREIRA	Clube Millennium BCP	01:37:55	+56:24	09:47	
671	536	Isa Madeira	Arrebenta a bolha	01:38:18	+56:47	09:50	
672	537	Nelson Madeira	Arrebenta a bolha	01:38:18	+56:47	09:50	
673	667	Paula Lourenço	EVELX - Associação de Estilos de Vida Saudável	01:38:22	+56:51	09:50	
674	668	Nuno Lourenço	EVELX - Associação de Estilos de Vida Saudável	01:38:23	+56:52	09:50	
675	575	MARTA FERREIRA	Clube Millennium BCP	01:38:52	+57:21	09:53	

**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
676	1282	Antonio Santos	Individual	01:39:08	+57:37	09:55	
677	874	Isabel Mendes	Individual	01:41:19	+59:48	10:08	
678	716	Ângela López	Individual	01:41:23	+59:52	10:08	
679	1271	Adriana Borda d'Água	Individual	01:42:49	+01:01:18	10:17	
680	1272	Ângela Alves	Individual	01:42:49	+01:01:18	10:17	
681	1040	Sofia Araujo	Kaninos	01:42:49	+01:01:18	10:17	
682	1047	Miguel Salgueiro	Lentos mas Felizes	01:44:03	+01:02:32	10:24	
683	1045	Andreia Carvalho	Lentos mas Felizes	01:44:07	+01:02:36	10:25	
684	1104	Joana D'Arc Chouriço	Running Club Santa Casa	01:44:47	+01:03:16	10:29	
685	584	ANA TAVARES	Clube Millennium BCP	01:45:24	+01:03:53	10:32	
686	577	MIGUEL TAVARES	Clube Millennium BCP	01:45:25	+01:03:54	10:33	
687	693	Ana Pala	Go Girl's	01:47:02	+01:05:31	10:42	
688	694	Patricia Muchacho	Go Girl's	01:47:03	+01:05:32	10:42	
689	1220	José Pedro Grilo	Corrida das Belas	01:47:30	+01:05:59	10:45	
690	646	Sandra Sofia Fernandes Marques	Corrida das Belas	01:47:31	+01:06:00	10:45	
691	1183	Ana Costa	Treino no Park	01:48:42	+01:07:11	10:52	
692	725	Liliana Faustino	Individual	01:50:33	+01:09:02	11:03	
693	1303	Cidália Carreira	Individual	01:50:33	+01:09:02	11:03	
694	687	Paulo Aires	GDCT UNICRE	01:50:35	+01:09:04	11:04	
695	614	VITOR GOMES	Clube Millennium BCP	01:50:36	+01:09:05	11:04	
696	580	PATRICIA BARRETO	Clube Millennium BCP	01:50:37	+01:09:06	11:04	
697	1098	Marisa Bomba	QueremosGinjaNoFim	01:55:39	+01:14:08	11:34	
698	1097	Karla Pequenino	QueremosGinjaNoFim	01:55:39	+01:14:08	11:34	
699	1099	Cristina Rodrigues	QueremosGinjaNoFim	01:55:42	+01:14:11	11:34	
700	630	Nuno Figueiredo	CORRER LISBOA	01:56:33	+01:15:02	11:39	
701	629	Bruno Claro	CORRER LISBOA	01:56:43	+01:15:12	11:40	
702	1018	Rafael Figueiredo	Individual	01:56:59	+01:15:28	11:42	
703	573	ADRIANA MATEUS	Clube Millennium BCP	01:57:16	+01:15:45	11:44	
704	588	SUSANA SOARES	Clube Millennium BCP	01:57:17	+01:15:46	11:44	
705	607	MARIO TAVARES	Clube Millennium BCP	01:57:17	+01:15:46	11:44	
706	832	Marisa Taveira	Individual	01:59:17	+01:17:46	11:56	
707	649	Maria João Garcia	Corrida das Belas	02:02:28	+01:20:57	12:15	
708	640	Maria Ogren	Corrida das Belas	02:02:29	+01:20:58	12:15	
709	842	Salomé Alexandra Sousa Barros	Individual	02:02:42	+01:21:11	12:16	
710	898	Jorge Bruno Migueis Marrão	Individual	02:02:42	+01:21:11	12:16	
711	743	Bruno Pereira	Individual	02:04:02	+01:22:31	12:24	
712	1128	Lurdes Ferreira	Serviços Sociais Montepio	02:05:47	+01:24:16	12:35	
713	563	Alexandra Marques	Casa do Benfica em Algueirão Mem Martins	02:11:29	+01:29:58	13:09	
714	564	Vera Tolêdo	Casa do Benfica em Algueirão Mem Martins	02:11:29	+01:29:58	13:09	

## Prova Principal

**10 KM**

## OFFICIAL RESULT

	Time	Temperature	Humidity
Start	21:00	18.2°C	76%
End	23:21	18.2°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	697	Rita Mogo	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Feminino	54:22		05:26
2	1141	Rita Santos	SIMECQ	Senior Feminino	55:13	+00:50	05:31
3	1041	Cheila Duarte	Legião 13	Senior Feminino	59:25	+05:03	05:57
4	719	Cátia Fernanda Capitão dos Reis	Individual	Senior Feminino	01:00:13	+05:50	06:01
5	507	Tânia Almeida	ALL 4 ADVENTURE RUNNERS	Senior Feminino	01:03:07	+08:44	06:19
6	733	Tita Luis	Individual	Senior Feminino	01:03:34	+09:12	06:21
7	729	Rafaela Gonçalves	Individual	Senior Feminino	01:04:30	+10:08	06:27
8	622	Cláudia Videira	CORRER LISBOA	Senior Feminino	01:04:56	+10:34	06:30
9	727	Marina Cabanas	Individual	Senior Feminino	01:05:47	+11:25	06:35
10	731	Rita Lopes	Individual	Senior Feminino	01:06:48	+12:25	06:41
11	1114	Maria Pinto	SCALABIS NIGHT RUNNERS	Senior Feminino	01:07:38	+13:16	06:46
12	654	Nelia Isidoro	Crossfit Odivelas	Senior Feminino	01:07:52	+13:30	06:47
13	1176	Sandra Marques	Treino no Park	Senior Feminino	01:08:53	+14:30	06:53
14	695	Tatiana Amorim	Grupeta running team	Senior Feminino	01:09:09	+14:46	06:55
15	728	Micaela Lima Maciel	Individual	Senior Feminino	01:10:43	+16:20	07:04
16	638	Ana Matilde Mirra Romao	Corrida das Belas	Senior Feminino	01:11:14	+16:52	07:07
17	721	Filipa Moita	Individual	Senior Feminino	01:11:50	+17:28	07:11
18	1285	Rita Rodrigues	Individual	Senior Feminino	01:12:48	+18:25	07:17
19	516	Filipa Simões	Alphaden Wolves OCR	Senior Feminino	01:12:55	+18:33	07:18
20	1175	Cláudia Duarte	Treino no Park	Senior Feminino	01:13:05	+18:42	07:18
21	1293	Rachel Farance	Individual	Senior Feminino	01:13:29	+19:07	07:21
22	734	Vanessa Martins	Individual	Senior Feminino	01:13:31	+19:09	07:21
23	620	Ana Silvano	CORRER LISBOA	Senior Feminino	01:15:16	+20:53	07:32
24	718	Catarina Branco	Individual	Senior Feminino	01:16:14	+21:52	07:37
25	1269	Camille Rousseau	Individual	Senior Feminino	01:18:52	+24:29	07:53
26	1268	Manette Starreveld	Individual	Senior Feminino	01:19:35	+25:12	07:57
27	1305	Ana Magalhães	CORRER LISBOA	Senior Feminino	01:19:36	+25:14	07:58
28	724	Julie Majchrzak	Individual	Senior Feminino	01:19:43	+25:20	07:58
29	1243	Maddi Dick	Individual	Senior Feminino	01:21:32	+27:09	08:09
30	506	Mónica Rodrigues	ALL 4 ADVENTURE RUNNERS	Senior Feminino	01:23:03	+28:40	08:18
31	1222	Rita Cerqueira	Individual	Senior Feminino	01:24:23	+30:00	08:26
32	639	Ana Rita Lino	Corrida das Belas	Senior Feminino	01:24:26	+30:04	08:27
33	714	Alexandra Lopes	Individual	Senior Feminino	01:25:08	+30:46	08:31
34	1092	Patrícia Soares	PP Trail Lovers	Senior Feminino	01:25:35	+31:12	08:33
35	720	Cristiana Silva	Individual	Senior Feminino	01:25:59	+31:36	08:36
36	621	Claudia Fonseca	CORRER LISBOA	Senior Feminino	01:26:12	+31:49	08:37
37	1289	Laurien Op de Beeck	Individual	Senior Feminino	01:26:31	+32:09	08:39
38	732	Susana Patricia Alegria Jesus	Individual	Senior Feminino	01:27:10	+32:48	08:43
39	1298	Lindsey seidman	Individual	Senior Feminino	01:27:34	+33:12	08:45

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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	1297	Monica Chow	Individual	Senior Feminino	01:27:34	+33:12	08:45
41	542	Ana Maltez	As Quenianas	Senior Feminino	01:28:11	+33:48	08:49
42	562	Adriana Silva	Casa do Benfica em Algueirão Mem Martins	Senior Feminino	01:28:40	+34:18	08:52
43	1279	Ana Sofia de Aguiar Rodrigues	Individual	Senior Feminino	01:33:25	+39:03	09:21
44	1291	Vanessa Rodrigues Dias	Individual	Senior Feminino	01:34:04	+39:41	09:24
45	1050	Carolina das N. C. Barata Gonçalves	Marmotas	Senior Feminino	01:36:23	+42:01	09:38
46	1177	Sofia Nascimento	Treino no Park	Senior Feminino	01:37:28	+43:05	09:45
47	536	Isa Madeira	Arrebenta a bolha	Senior Feminino	01:38:18	+43:55	09:50
48	716	Ângela López	Individual	Senior Feminino	01:41:23	+47:00	10:08
49	1271	Adriana Borda d Água	Individual	Senior Feminino	01:42:49	+48:26	10:17
50	1272	Ângela Alves	Individual	Senior Feminino	01:42:49	+48:26	10:17
51	1045	Andreia Carvalho	Lentos mas Felizes	Senior Feminino	01:44:07	+49:45	10:25
52	725	Liliana Faustino	Individual	Senior Feminino	01:50:33	+56:11	11:03
53	1098	Marisa Bomba	QueremosGinjaNoFim	Senior Feminino	01:55:39	+01:01:17	11:34
54	1097	Karla Pequeno	QueremosGinjaNoFim	Senior Feminino	01:55:39	+01:01:17	11:34
55	573	ADRIANA MATEUS	Clube Millennium BCP	Senior Feminino	01:57:16	+01:02:53	11:44
56	640	Maria Ogren	Corrida das Belas	Senior Feminino	02:02:29	+01:08:06	12:15

Senior Masculino

1	623	Alexandre Felicio	CORRER LISBOA	Senior Masculino	41:31		04:09
2	775	Luís Pereira	Individual	Senior Masculino	42:11	+00:39	04:13
3	762	João M. S. Silva	Individual	Senior Masculino	45:54	+04:22	04:35
4	559	Emanuel Marques	CAPenafirme	Senior Masculino	45:55	+04:23	04:36
5	518	Bruno Lousa	Alphaden Wolves OCR	Senior Masculino	46:05	+04:34	04:37
6	1224	Gonçalo Oliveira	Individual	Senior Masculino	46:31	+04:59	04:39
7	657	Tiago Castela	Crossfit Odivelas	Senior Masculino	46:45	+05:13	04:40
8	748	Diogo José Moreira de Sousa	Individual	Senior Masculino	48:33	+07:01	04:51
9	772	Luís Guilherme Torpes	Individual	Senior Masculino	48:33	+07:01	04:51
10	1058	Marco Francisco	Monsanto Running Team	Senior Masculino	48:55	+07:23	04:53
11	521	Tomás Gabriel Faustino Peixoto	Alphaden Wolves OCR	Senior Masculino	49:16	+07:44	04:56
12	751	Frederico Bessa	Individual	Senior Masculino	50:29	+08:57	05:03
13	742	Bruno Miguel Resende Barros	Individual	Senior Masculino	50:58	+09:26	05:06
14	736	Alessandro Borin	Individual	Senior Masculino	51:13	+09:41	05:07
15	1288	Joost Van Look	Individual	Senior Masculino	51:22	+09:50	05:08
16	804	Tiago Soares	Individual	Senior Masculino	51:55	+10:23	05:12
17	801	Tiago Fernandes	Individual	Senior Masculino	52:49	+11:17	05:17
18	1299	George Exarchos	Individual	Senior Masculino	53:23	+11:52	05:20
19	504	Ruben Cardoso	ACDRS QUINHENDROS	Senior Masculino	53:31	+11:59	05:21
20	656	Nuno Gonçalves	Crossfit Odivelas	Senior Masculino	53:51	+12:19	05:23
21	787	Pedro Miguel Nunes	Individual	Senior Masculino	53:56	+12:25	05:24
22	1302	Jonathan Maxence Plante	Individual	Senior Masculino	54:21	+12:49	05:26
23	773	Luis Henrique Abreu de Pinho	Individual	Senior Masculino	54:41	+13:09	05:28
24	786	Pedro Maia	Individual	Senior Masculino	55:05	+13:33	05:30
25	1143	Nuno Graça	SIMECQ	Senior Masculino	55:14	+13:42	05:31

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## Prova Principal

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	806	Vitor Cavadas	Individual	Senior Masculino	55:39	+14:07	05:34
27	738	André Teixeira Sousa	Individual	Senior Masculino	55:58	+14:27	05:36
28	777	Mário Pereira	Individual	Senior Masculino	56:09	+14:37	05:37
29	698	Filipe Monteiro	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino	56:19	+14:47	05:38
30	744	Ciro Longobardi	Individual	Senior Masculino	56:28	+14:56	05:39
31	1179	José Massena	Treino no Park	Senior Masculino	56:33	+15:01	05:39
32	779	Miguel Ferreira	Individual	Senior Masculino	56:37	+15:05	05:40
33	757	João braz	Individual	Senior Masculino	56:39	+15:07	05:40
34	558	António Correia	Bouça Alta - Running	Senior Masculino	56:47	+15:15	05:41
35	790	Pedro serra	Individual	Senior Masculino	57:01	+15:29	05:42
36	1057	Pedro Sousa	Maximianos	Senior Masculino	57:11	+15:39	05:43
37	642	Ruben Correia	Corrida das Belas	Senior Masculino	57:19	+15:48	05:44
38	755	Henrique Matos	Individual	Senior Masculino	57:44	+16:12	05:46
39	1085	Rúben Nunes	OTC TEAM	Senior Masculino	57:50	+16:18	05:47
40	765	João Pedro Martins Segundo Branco Falé	Individual	Senior Masculino	58:30	+16:58	05:51
41	1225	José Lopes	Individual	Senior Masculino	58:47	+17:15	05:53
42	794	Roberto Pajuelo Martínez	Individual	Senior Masculino	59:15	+17:43	05:55
43	756	Ivandro Moreira	Individual	Senior Masculino	59:45	+18:13	05:58
44	699	Ricardo Menino	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino	59:54	+18:22	05:59
45	793	Ricardo Rodrigues	Individual	Senior Masculino	59:59	+18:27	06:00
46	752	Gonçalo Martins	Individual	Senior Masculino	01:00:07	+18:35	06:01
47	754	Henrique Martins	Individual	Senior Masculino	01:00:07	+18:35	06:01
48	1280	Marco Patrício	Individual	Senior Masculino	01:00:19	+18:47	06:02
49	552	Bruno Lage	Biker s da aldeia	Senior Masculino	01:00:20	+18:49	06:02
50	624	Luis Mateus	CORRER LISBOA	Senior Masculino	01:01:00	+19:29	06:06
51	1235	José Miguel Matos	Côdeas de Papel	Senior Masculino	01:01:09	+19:37	06:07
52	1236	Pedro Costa	Côdeas de Papel	Senior Masculino	01:01:09	+19:38	06:07
53	760	João Duarte	Individual	Senior Masculino	01:01:49	+20:17	06:11
54	795	Rui Alexandre Mónica	Individual	Senior Masculino	01:02:05	+20:33	06:12
55	739	Andres Burgos	Individual	Senior Masculino	01:02:05	+20:33	06:12
56	802	Tiago Filipe Reis Cardoso	Individual	Senior Masculino	01:02:11	+20:39	06:13
57	781	Nelson Furtado	Individual	Senior Masculino	01:02:14	+20:43	06:13
58	1301	Atleta 1301	Individual	Senior Masculino	01:02:25	+20:54	06:15
59	1105	Bernardo Miguel de Matos Raposo de Ornelas Candelária	RunWalkTalk Digital	Senior Masculino	01:02:29	+20:57	06:15
60	1281	keegan Reid	Individual	Senior Masculino	01:02:42	+21:11	06:16
61	763	João Moita	Individual	Senior Masculino	01:02:59	+21:27	06:18
62	1275	Anhe Brauwerts	Individual	Senior Masculino	01:03:04	+21:32	06:18
63	1106	João Pedro de Melim Ferreira	RunWalkTalk Digital	Senior Masculino	01:03:19	+21:47	06:20
64	768	Jose Ramirez	Individual	Senior Masculino	01:03:22	+21:50	06:20
65	560	Flávio Fonseca	CAPenafirme	Senior Masculino	01:03:24	+21:52	06:20
66	761	João Figueira	Individual	Senior Masculino	01:03:34	+22:02	06:21
67	783	Nuno Oliveira	Individual	Senior Masculino	01:04:21	+22:49	06:26
68	769	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	01:04:36	+23:04	06:28
69	1042	Rui Duarte	Legião 13	Senior Masculino	01:05:23	+23:51	06:32

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**Prova Principal****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

70	502	Nuno Silva	3B triatlo	Senior Masculino	01:05:47	+24:15	06:35
71	759	Joao Cerol	Individual	Senior Masculino	01:05:47	+24:15	06:35
72	771	Luis Canadas	Individual	Senior Masculino	01:06:20	+24:48	06:38
73	1223	Gonçalo Domingues	Individual	Senior Masculino	01:06:29	+24:57	06:39
74	737	André Filipe do Norte Simão Ribeiro	Individual	Senior Masculino	01:06:48	+25:16	06:41
75	784	Pedro charuto	Individual	Senior Masculino	01:06:59	+25:27	06:42
76	655	Fábio Ribeiro	Crossfit Odivelas	Senior Masculino	01:07:04	+25:33	06:42
77	517	André Palma	Alphaden Wolves OCR	Senior Masculino	01:07:07	+25:35	06:43
78	519	Edney Alexandre	Alphaden Wolves OCR	Senior Masculino	01:07:09	+25:37	06:43
79	520	Paulo Ruiz	Alphaden Wolves OCR	Senior Masculino	01:07:24	+25:52	06:44
80	1065	José Morais	Nesha Hop & Run Team	Senior Masculino	01:08:06	+26:34	06:49
81	1064	Ângelo Geraldo	Nesha Hop & Run Team	Senior Masculino	01:08:06	+26:35	06:49
82	798	Sebastian Heber	Individual	Senior Masculino	01:08:07	+26:35	06:49
83	1066	Luís Silva	Nesha Hop & Run Team	Senior Masculino	01:08:08	+26:36	06:49
84	750	Filipe Miguel Duarte Correia	Individual	Senior Masculino	01:08:22	+26:50	06:50
85	749	Filipe Frade	Individual	Senior Masculino	01:08:43	+27:11	06:52
86	1178	André Reis	Treino no Park	Senior Masculino	01:08:53	+27:21	06:53
87	1317	Tiago Alexandre Paredes Martinho	Individual	Senior Masculino	01:10:03	+28:31	07:00
88	1180	Miguel Revés	Treino no Park	Senior Masculino	01:10:07	+28:35	07:01
89	797	Rui Varão	Individual	Senior Masculino	01:10:14	+28:42	07:01
90	1115	Bruno Vintém	SCALABIS NIGHT RUNNERS	Senior Masculino	01:10:39	+29:07	07:04
91	758	João Campião	Individual	Senior Masculino	01:10:42	+29:10	07:04
92	1142	Carlos Gomes	SIMECQ	Senior Masculino	01:10:44	+29:12	07:04
93	1244	Joao Abreu	Individual	Senior Masculino	01:11:31	+30:00	07:09
94	505	Tiago Pacheco	ACDRS QUINHENDROS	Senior Masculino	01:11:48	+30:17	07:11
95	553	Tiago Pereira	Biker s da aldeia	Senior Masculino	01:11:52	+30:21	07:11
96	780	Miguel Laja	Individual	Senior Masculino	01:12:07	+30:35	07:13
97	776	Luís Rocha	Individual	Senior Masculino	01:12:41	+31:09	07:16
98	1313	Atleta 1313	Individual	Senior Masculino	01:12:49	+31:17	07:17
99	792	Ricardo Pereira	Individual	Senior Masculino	01:12:55	+31:24	07:18
100	741	Bruno Carreira	Individual	Senior Masculino	01:13:02	+31:30	07:18
101	1294	Austin France	Individual	Senior Masculino	01:13:29	+31:57	07:21
102	710	Fábio vidal	Hallblacks	Senior Masculino	01:13:30	+31:58	07:21
103	1308	Atleta 1308	Individual	Senior Masculino	01:14:02	+32:30	07:24
104	807	Vítor Fernandes	Individual	Senior Masculino	01:14:24	+32:52	07:26
105	740	Breno Figueiredo	Individual	Senior Masculino	01:14:24	+32:53	07:26
106	770	Lewis morris	Individual	Senior Masculino	01:14:52	+33:20	07:29
107	782	Nozim Mehrubonov	Individual	Senior Masculino	01:15:03	+33:31	07:30
108	796	Rui Pedro Branco	Individual	Senior Masculino	01:15:06	+33:34	07:31
109	788	Pedro Neves	Individual	Senior Masculino	01:15:47	+34:16	07:35
110	1245	Luís Casinhas	Individual	Senior Masculino	01:17:06	+35:35	07:43
111	1312	Marcos Landim	Individual	Senior Masculino	01:18:07	+36:35	07:49
112	1270	Romain Rousseau	Individual	Senior Masculino	01:18:53	+37:21	07:53
113	805	Vincent Moreira Batista de Barros	Individual	Senior Masculino	01:19:47	+38:15	07:59
114	1287	Joel Sousa	Individual	Senior Masculino	01:21:32	+40:00	08:09
115	1314	Atleta 1314	Individual	Senior Masculino	01:22:03	+40:32	08:12

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**Prova Principal**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

116	641	Andre Peralta	Corrida das Belas	Senior Masculino	01:22:47	+41:15	08:17
117	1315	Atleta 1315	Individual	Senior Masculino	01:23:14	+41:43	08:19
118	670	Ricardo Cunha	Évora Night Runners	Senior Masculino	01:24:10	+42:38	08:25
119	1295	Tiago Oliveira	Individual	Senior Masculino	01:24:23	+42:51	08:26
120	1093	Pedro Francisco	PP Trail Lovers	Senior Masculino	01:25:35	+44:03	08:33
121	632	Ricardo Dinies	correr loures	Senior Masculino	01:26:52	+45:20	08:41
122	1181	Paulo Jorge Pereira Fernandes	Treino no Park	Senior Masculino	01:27:11	+45:39	08:43
123	666	Tiago Lopes	EVELX - Associação de Estilos de Vida Saudável	Senior Masculino	01:27:36	+46:04	08:46
124	1116	TIAGO HENOCH	SCALABIS NIGHT RUNNERS	Senior Masculino	01:27:38	+46:06	08:46
125	753	Gonçalo Rodrigo Fernandes Saldanha	Individual	Senior Masculino	01:29:14	+47:42	08:55
126	1246	Vital João Gomes Vilarinho	Individual	Senior Masculino	01:29:14	+47:43	08:55
127	803	Tiago Miguel Esteves pereira Brito	Individual	Senior Masculino	01:31:10	+49:38	09:07
128	1046	Diogo Cruz	Lentos mas Felizes	Senior Masculino	01:32:50	+51:18	09:17
129	1292	Daniel Monteiro	Individual	Senior Masculino	01:34:05	+52:33	09:24
130	574	GONCALO MATEUS	Clube Millennium BCP	Senior Masculino	01:34:55	+53:23	09:29
131	1051	Ricardo Leonel Esteves	Marmotas	Senior Masculino	01:36:24	+54:52	09:38
132	537	Nelson Madeira	Arrebenta a bolha	Senior Masculino	01:38:18	+56:46	09:50
133	743	Bruno Pereira	Individual	Senior Masculino	02:04:02	+01:22:31	12:24

**Sub 23 Feminino**

1	1237	Leonor Nini	Fifis da Mamã	Sub 23 Feminino	01:28:26		08:51
2	1238	Mariana Nini	Fifis da Mamã	Sub 23 Feminino	01:28:26	+00:00	08:51
3	575	MARTA FERREIRA	Clube Millennium BCP	Sub 23 Feminino	01:38:52	+10:26	09:53

**Sub 23 Masculino**

1	1233	Rodrigo Lousa Pereira	Alphaden Wolves OCR	Sub 23 Masculino	45:28		04:33
2	576	GONCALO COSTA	Clube Millennium BCP	Sub 23 Masculino	52:51	+07:23	05:17
3	813	Rafael Alexandre Severino Barbosa	Individual	Sub 23 Masculino	55:47	+10:19	05:35
4	1052	Tiago de Castro Campelo	Marmotas	Sub 23 Masculino	59:13	+13:45	05:55
5	533	Samuel Santos	AMPS	Sub 23 Masculino	01:03:04	+17:35	06:18
6	532	André Santos	AMPS	Sub 23 Masculino	01:04:16	+18:47	06:26
7	814	Vasco Ramos dos Loios	Individual	Sub 23 Masculino	01:07:14	+21:46	06:43
8	812	Francisco Azevedo	Individual	Sub 23 Masculino	01:08:43	+23:15	06:52
9	1182	Gastão de Moura Paninho Gonçalves	Treino no Park	Sub 23 Masculino	01:11:27	+25:58	07:09
10	809	Daniel Moreira Campos	Individual	Sub 23 Masculino	01:14:03	+28:35	07:24
11	522	Tiago Ferreira	Alphaden Wolves OCR	Sub 23 Masculino	01:15:01	+29:33	07:30
12	811	Filipe Militão	Individual	Sub 23 Masculino	01:17:19	+31:51	07:44
13	810	Daniel Quaresma Nunes	Individual	Sub 23 Masculino	01:18:59	+33:31	07:54
14	1306	Jerome Sind	Individual	Sub 23 Masculino	01:20:32	+35:04	08:03
15	577	MIGUEL TAVARES	Clube Millennium BCP	Sub 23 Masculino	01:45:25	+59:57	10:33

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## Prova Principal

10 KM

OFFICIAL RESULT

### Veterana F40

1	625	Catia Nascimento	CORRER LISBOA	Veterana F40	57:10		05:43
2	824	HeLena TauBGomes	Individual	Veterana F40	58:19	+01:09	05:50
3	822	Catarina Vieira	Individual	Veterana F40	59:29	+02:18	05:57
4	1059	Luisa Almeida	Montes Saloios Trail Team	Veterana F40	01:00:16	+03:05	06:02
5	840	Rafaela Ramos	Individual	Veterana F40	01:01:12	+04:02	06:07
6	1283	Kerstin Helm	Individual	Veterana F40	01:03:27	+06:16	06:21
7	815	Adilia Rosa	Individual	Veterana F40	01:03:37	+06:26	06:22
8	626	Marta Duarte	CORRER LISBOA	Veterana F40	01:05:54	+08:44	06:35
9	830	Maria Simões	Individual	Veterana F40	01:06:12	+09:02	06:37
10	821	Carla Sofia e Silva Ribeiro	Individual	Veterana F40	01:06:29	+09:18	06:39
11	1199	Ana Bigode	Urban-Tri	Veterana F40	01:06:40	+09:30	06:40
12	510	catarina simoes	Alpendreco	Veterana F40	01:07:51	+10:41	06:47
13	855	Vera Carvalho	Individual	Veterana F40	01:09:04	+11:53	06:54
14	1087	Raquel Mendes	OTC TEAM	Veterana F40	01:09:22	+12:12	06:56
15	1274	Armanda Pereira	Individual	Veterana F40	01:09:24	+12:13	06:56
16	838	Patrícia Ramos	Individual	Veterana F40	01:09:57	+12:47	07:00
17	1219	Rita Ferreira	CORRER LISBOA	Veterana F40	01:10:51	+13:41	07:05
18	645	Sandra Araújo	Corrida das Belas	Veterana F40	01:11:15	+14:04	07:07
19	1074	Vanda Anjos	OESTINOS	Veterana F40	01:12:46	+15:36	07:17
20	835	Meagan Carty	Individual	Veterana F40	01:12:55	+15:45	07:18
21	1218	Gi colação	Alphaden Wolves OCR	Veterana F40	01:12:58	+15:48	07:18
22	1043	Vanessa sofia Miguéis gomes seromenho da Silva	Legião 13	Veterana F40	01:13:04	+15:54	07:18
23	847	SARA DIAS	Individual	Veterana F40	01:13:32	+16:21	07:21
24	581	VANDA ROSA	Clube Millennium BCP	Veterana F40	01:14:23	+17:13	07:26
25	1126	Claudia Grencho	Serviços Sociais Montepio	Veterana F40	01:15:38	+18:28	07:34
26	1060	Ana Filipa Palma	Nao fazemos nem mais um Km	Veterana F40	01:15:40	+18:30	07:34
27	848	Sara Joana Mendes Abrantes Cannas da Cunha	Individual	Veterana F40	01:16:56	+19:46	07:42
28	644	Marta Teias	Corrida das Belas	Veterana F40	01:16:58	+19:48	07:42
29	1109	Ana Januario	Sabores do Paco Trail zatopeques	Veterana F40	01:17:00	+19:50	07:42
30	1249	Patrícia Silva	Individual	Veterana F40	01:17:24	+20:14	07:44
31	1263	Ângela Suzano	Monsanto Running Team	Veterana F40	01:17:25	+20:14	07:44
32	643	Ana Reis	Corrida das Belas	Veterana F40	01:17:33	+20:23	07:45
33	1086	Carla Luís Correia	OTC TEAM	Veterana F40	01:18:33	+21:23	07:51
34	1212	Nina Pina	X	Veterana F40	01:18:46	+21:36	07:53
35	658	Ana Correia	Crossfit Odivelas	Veterana F40	01:18:47	+21:37	07:53
36	578	CARLA MEDEIROS	Clube Millennium BCP	Veterana F40	01:18:55	+21:44	07:53
37	579	MARTA ISABEL PEREIRA	Clube Millennium BCP	Veterana F40	01:18:55	+21:45	07:54
38	711	Rute briganti	Hallblacks	Veterana F40	01:19:12	+22:02	07:55
39	1290	Joana Botto	Individual	Veterana F40	01:19:14	+22:04	07:55
40	834	Marta Larcher Ferreira Amaro	Individual	Veterana F40	01:19:58	+22:47	08:00
41	1144	Ana Serra	SIMECQ	Veterana F40	01:20:15	+23:05	08:02
42	823	Fernanda Simões	Individual	Veterana F40	01:20:37	+23:27	08:04
43	819	Andreia Soares	Individual	Veterana F40	01:20:42	+23:31	08:04



**Prova Principal**
**10 KM**
**OFFICIAL RESULT**

89	1303	Cidália Carreira	Individual	Veterana F40	01:50:33	+53:23	11:03
90	580	PATRICIA BARRETO	Clube Millennium BCP	Veterana F40	01:50:37	+53:27	11:04
91	832	Marisa Taveira	Individual	Veterana F40	01:59:17	+01:02:06	11:56
92	842	Salomé Alexandra Sousa Barros	Individual	Veterana F40	02:02:42	+01:05:31	12:16
93	563	Alexandra Marques	Casa do Benfica em Algueirão Mem Martins	Veterana F40	02:11:29	+01:14:19	13:09
94	564	Vera Tolêdo	Casa do Benfica em Algueirão Mem Martins	Veterana F40	02:11:29	+01:14:19	13:09

**Veterana F50**

1	859	Cidália Martins	Individual	Veterana F50	01:02:18		06:14
2	583	ALEXANDRA COSTA	Clube Millennium BCP	Veterana F50	01:02:18	+00:00	06:14
3	676	Carla Carneiro	Free Runners/IDentPrint	Veterana F50	01:02:46	+00:28	06:17
4	1153	Noémia Sequeira	SS CGD	Veterana F50	01:02:49	+00:31	06:17
5	872	Sandra Fernandes	Individual	Veterana F50	01:06:55	+04:37	06:41
6	512	Maria Proenca	Alpendrecos	Veterana F50	01:07:51	+05:33	06:47
7	648	Cristina Baptista	Corrida das Belas	Veterana F50	01:11:15	+08:57	07:07
8	586	DULCE RAMOS	Clube Millennium BCP	Veterana F50	01:11:35	+09:17	07:10
9	870	Paula Serra	Individual	Veterana F50	01:12:32	+10:14	07:15
10	672	Andréa Barretto	Évora Night Runners	Veterana F50	01:12:47	+10:29	07:17
11	868	Natasha Planas	Individual	Veterana F50	01:13:44	+11:26	07:22
12	1201	Jeane Figueiredo de Abreu	Urban-Tri	Veterana F50	01:13:45	+11:27	07:22
13	565	Cristina Carvalho	Casa do Benfica em Algueirão Mem Martins	Veterana F50	01:13:51	+11:33	07:23
14	858	Carmen Susana	Individual	Veterana F50	01:14:02	+11:44	07:24
15	627	Célia Catarino	CORRER LISBOA	Veterana F50	01:14:11	+11:53	07:25
16	628	Fernanda Ribeiro	CORRER LISBOA	Veterana F50	01:14:11	+11:53	07:25
17	685	Carla Amorim	GDCT UNICRE	Veterana F50	01:14:34	+12:16	07:27
18	582	ADRIANA MEDEIROS	Clube Millennium BCP	Veterana F50	01:14:41	+12:23	07:28
19	861	Cristina Mendes	Individual	Veterana F50	01:14:45	+12:27	07:29
20	865	Kátia Almeida	Individual	Veterana F50	01:17:28	+15:10	07:45
21	857	Anabela Luis	Individual	Veterana F50	01:17:50	+15:32	07:47
22	863	Elisabete Maria	Individual	Veterana F50	01:17:52	+15:34	07:47
23	1146	Celeste Almeida	SIMECQ	Veterana F50	01:20:15	+17:57	08:02
24	867	Maria Nélia Pinto	Individual	Veterana F50	01:20:34	+18:16	08:03
25	869	Paula Gonçalves	Individual	Veterana F50	01:20:34	+18:16	08:03
26	873	Susete Marques	Individual	Veterana F50	01:22:04	+19:46	08:12
27	1188	Maria de Fátima	Treino no Park	Veterana F50	01:22:16	+19:58	08:14
28	585	CARLA VAZ	Clube Millennium BCP	Veterana F50	01:22:22	+20:04	08:14
29	1147	Olga Galvão	SIMECQ	Veterana F50	01:22:41	+20:23	08:16
30	587	MARIA NOBRE	Clube Millennium BCP	Veterana F50	01:23:25	+21:07	08:21
31	866	Luisa Guerra Santos	Individual	Veterana F50	01:24:52	+22:34	08:29
32	700	Sandra Cunha	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana F50	01:27:14	+24:56	08:43
33	634	Palmira Ribeiro	correr loures	Veterana F50	01:27:14	+24:56	08:43
34	1200	Elisa Almeida	Urban-Tri	Veterana F50	01:27:44	+25:26	08:46



**Prova Principal****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

17	929	Pedro Brás	Individual	Veterano M40	54:17	+12:06	05:26
18	659	Nuno Santos	Crossfit Odivelas	Veterano M40	54:38	+12:27	05:28
19	1107	João Carlos Brito da Silva Dias	RunWalkTalk Digital	Veterano M40	54:39	+12:28	05:28
20	959	Tiago Portugal	Individual	Veterano M40	54:50	+12:38	05:29
21	1120	MARCO MELO	SCALABIS NIGHT RUNNERS	Veterano M40	55:05	+12:53	05:30
22	1076	Óscar Lopes	opraticante.pt	Veterano M40	55:05	+12:54	05:31
23	1129	Bruno Duque	Serviços Sociais Montepio	Veterano M40	55:44	+13:32	05:34
24	938	Pedro Vieira	Individual	Veterano M40	55:53	+13:41	05:35
25	1131	Duarte Costa	Serviços Sociais Montepio	Veterano M40	56:02	+13:51	05:36
26	945	Ricardo Santiago	Individual	Veterano M40	56:13	+14:02	05:37
27	704	Nuno Henriques	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	56:18	+14:07	05:38
28	1075	Nuno Lucas	opraticante.pt	Veterano M40	56:29	+14:18	05:39
29	918	Nuno Parreira	Individual	Veterano M40	56:35	+14:24	05:40
30	529	Tiago Santos	Alphaden Wolves OCR	Veterano M40	56:58	+14:47	05:42
31	1232	Mauro Pinto	Individual	Veterano M40	57:17	+15:06	05:44
32	650	Ricardo Carvalho	Corrida das Belas	Veterano M40	57:19	+15:08	05:44
33	555	Tiago Duarte	Biker s da aldeia	Veterano M40	57:31	+15:19	05:45
34	923	Paulo Gomes	Individual	Veterano M40	57:34	+15:23	05:45
35	915	Nuno Martins	Individual	Veterano M40	57:35	+15:23	05:45
36	1056	Sérgio Nunes	marvila jovem	Veterano M40	57:43	+15:32	05:46
37	960	Tiago Tenente	Individual	Veterano M40	57:46	+15:34	05:47
38	526	Nuno Martins	Alphaden Wolves OCR	Veterano M40	58:09	+15:57	05:49
39	909	Mário Ferreira	Individual	Veterano M40	58:30	+16:19	05:51
40	949	Rui Almeida	Individual	Veterano M40	58:36	+16:25	05:52
41	527	Ricardo Matos	Alphaden Wolves OCR	Veterano M40	58:49	+16:38	05:53
42	934	Pedro Miguel Almeida Costa	Individual	Veterano M40	58:55	+16:44	05:54
43	525	Luís Correia	Alphaden Wolves OCR	Veterano M40	59:08	+16:57	05:55
44	893	Joao Oliveira	Individual	Veterano M40	59:14	+17:02	05:55
45	567	Rui Ferreira	Casa do Benfica em Algueirão Mem Martins	Veterano M40	59:22	+17:10	05:56
46	551	Nuno Soares	biker's	Veterano M40	59:47	+17:35	05:59
47	1083	Paulo Patrício	Os Manos	Veterano M40	01:00:02	+17:51	06:00
48	653	Nelson Jose Trindade Morouço Santos	CP CMP	Veterano M40	01:00:04	+17:52	06:00
49	590	CARLOS SINCERIDADES	Clube Millennium BCP	Veterano M40	01:00:09	+17:58	06:01
50	1204	Luis Figueira	Urban-Tri	Veterano M40	01:00:10	+17:58	06:01
51	1266	Eduardo Coelho	Urban-Tri	Veterano M40	01:00:10	+17:58	06:01
52	942	Ricardo Mateus	Individual	Veterano M40	01:00:15	+18:03	06:01
53	882	Bruno Vasconcelos Maia	Individual	Veterano M40	01:00:22	+18:11	06:02
54	1148	Paulo Serra	SIMECQ	Veterano M40	01:00:34	+18:22	06:03
55	561	Délio Dias Raimundo	CAPenafirme	Veterano M40	01:00:37	+18:25	06:04
56	703	Jose Viegas	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	01:00:40	+18:29	06:04
57	916	Nuno Miguel Rebelo da Cruz	Individual	Veterano M40	01:00:48	+18:37	06:05
58	876	Albino Cordeiro	Individual	Veterano M40	01:00:51	+18:40	06:05
59	884	Daniel Jorge Santos	Individual	Veterano M40	01:01:12	+19:00	06:07
60	1310	Eduardo Jorge Simões	Individual	Veterano M40	01:01:15	+19:03	06:07





**Prova Principal**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

107	1254	João Paulo Neves Neto	Individual	Veterano M40	01:07:38	+25:27	06:46
108	1119	EMANUEL SERRAZINA	SCALABIS NIGHT RUNNERS	Veterano M40	01:07:39	+25:27	06:46
109	636	Moisés Ventura	correr loures	Veterano M40	01:07:42	+25:31	06:46
110	920	Nuno Vieira	Individual	Veterano M40	01:07:46	+25:34	06:47
111	1149	Ricardo Nobre	SIMECQ	Veterano M40	01:07:57	+25:45	06:48
112	1195	João Ribeiro	Trekking Nature	Veterano M40	01:07:57	+25:46	06:48
113	1191	Júlio Barão	Treino no Park	Veterano M40	01:08:05	+25:54	06:49
114	1286	Steve Hazzehurst	Individual	Veterano M40	01:08:11	+26:00	06:49
115	1240	Luis Morgado	GMCJamor	Veterano M40	01:08:25	+26:14	06:51
116	1307	Fabiano Ferreira	Individual	Veterano M40	01:08:29	+26:17	06:51
117	503	Luis Andrade	3B triatlo	Veterano M40	01:08:49	+26:38	06:53
118	1203	Eduardo Poças	Urban-Tri	Veterano M40	01:08:57	+26:46	06:54
119	1133	Luís Grencho	Serviços Sociais Montepio	Veterano M40	01:08:59	+26:47	06:54
120	951	Rui Filipe Ferro	Individual	Veterano M40	01:09:04	+26:52	06:54
121	593	PEDRO BROCO	Clube Millennium BCP	Veterano M40	01:09:18	+27:07	06:56
122	702	João Frazao	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	01:09:49	+27:38	06:59
123	912	Nelson Pantaleão	Individual	Veterano M40	01:10:31	+28:20	07:03
124	712	sergio silva	Hallblacks	Veterano M40	01:10:41	+28:29	07:04
125	924	Paulo Henrique Batalha Duarte	Individual	Veterano M40	01:10:43	+28:32	07:04
126	1258	Sérgio Vasco	Individual	Veterano M40	01:10:55	+28:44	07:06
127	921	Orlando Loureiro	Individual	Veterano M40	01:11:15	+29:03	07:07
128	651	Ricardo Miguel Barreiros Barata Santos	Corrida das Belas	Veterano M40	01:11:15	+29:04	07:08
129	928	Pedro Barroso	Individual	Veterano M40	01:11:24	+29:13	07:08
130	535	Paulo Duarte e Santos	AMPS	Veterano M40	01:11:44	+29:32	07:10
131	948	Rosindo Bandeira	Individual	Veterano M40	01:11:44	+29:33	07:10
132	1082	pedro cardoso	Os galgos	Veterano M40	01:12:06	+29:54	07:13
133	933	Pedro Lourenço	Individual	Veterano M40	01:12:07	+29:55	07:13
134	1211	Marco Tael	Volcanos	Veterano M40	01:12:49	+30:38	07:17
135	894	Joao Oliveira	Individual	Veterano M40	01:12:54	+30:43	07:17
136	897	João Rebocho	Individual	Veterano M40	01:14:07	+31:56	07:25
137	540	João Ramos	Arribas	Veterano M40	01:14:19	+32:08	07:26
138	888	Hugo Martins	Individual	Veterano M40	01:14:21	+32:10	07:26
139	1192	Luís Alves	Treino no Park	Veterano M40	01:14:40	+32:28	07:28
140	892	João Manuel Julio Machado	Individual	Veterano M40	01:14:51	+32:40	07:29
141	523	Álvaro Mozzarella Manzo	Alphaden Wolves OCR	Veterano M40	01:15:01	+32:49	07:30
142	1089	Paulo Dantas	OTC TEAM	Veterano M40	01:15:11	+32:59	07:31
143	1257	Rui Gonçalves	Individual	Veterano M40	01:15:28	+33:17	07:33
144	1101	Sandro Pinto	Runlovers	Veterano M40	01:15:55	+33:44	07:36
145	1252	Gonçalo Loureiro	Individual	Veterano M40	01:15:59	+33:48	07:36
146	1132	Jorge Vieira	Serviços Sociais Montepio	Veterano M40	01:16:28	+34:17	07:39
147	1255	Miguel Abreu	Individual	Veterano M40	01:16:42	+34:30	07:40
148	1228	Rodrigo Paúl	Individual	Veterano M40	01:16:42	+34:31	07:40
149	1227	André Mendes	Individual	Veterano M40	01:16:52	+34:40	07:41
150	1110	Miguel bertolo	Sabores do Paco Trail zatopeques	Veterano M40	01:17:00	+34:48	07:42
151	904	Luis Militão	Individual	Veterano M40	01:17:19	+35:07	07:44
152	910	Miguel Marques	Individual	Veterano M40	01:17:35	+35:23	07:45









**Prova Principal**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

86	1062	Rui Formenta Francisco	Nao fazemos nem mais um Km	Veterano M50	01:15:41	+30:31	07:34
87	1061	Luis Alberto Vicente Mendes	Nao fazemos nem mais um Km	Veterano M50	01:15:41	+30:31	07:34
88	1102	João Leitão	Runlovers	Veterano M50	01:15:53	+30:43	07:35
89	1103	Nuno Marques	Runlovers	Veterano M50	01:15:54	+30:44	07:35
90	972	Christian Luwisch	Individual	Veterano M50	01:16:04	+30:54	07:36
91	967	Artur Jorge dos Santos Pereira	Individual	Veterano M50	01:16:55	+31:45	07:41
92	1022	Valter Branca Teixeira	Individual	Veterano M50	01:17:19	+32:09	07:44
93	987	Jorge Manuel Soares Ribeiro Mimoso	Individual	Veterano M50	01:17:35	+32:25	07:46
94	968	Benny c	Individual	Veterano M50	01:17:54	+32:44	07:47
95	1013	Pedro Cardoso	Individual	Veterano M50	01:17:54	+32:45	07:47
96	978	joao almeida	Individual	Veterano M50	01:18:11	+33:02	07:49
97	1071	JORGE MOREIRA	NUCLEO DESPORTIVO AUTOCOPE	Veterano M50	01:18:43	+33:33	07:52
98	713	Vitor loureiro	Hallblacks	Veterano M50	01:19:09	+34:00	07:55
99	971	Carlos Manuel Cordeiro Novo	Individual	Veterano M50	01:19:31	+34:21	07:57
100	1267	Hugo Van Diesen	Individual	Veterano M50	01:19:35	+34:25	07:57
101	541	Paulo Braga	Arribas	Veterano M50	01:20:14	+35:04	08:01
102	1260	Paulo Manuel Virgilio Cachudo	Individual	Veterano M50	01:20:15	+35:05	08:02
103	1162	Eduardo Bernardo	SUDU	Veterano M50	01:20:48	+35:38	08:05
104	1000	Nuno Lopes	Individual	Veterano M50	01:20:57	+35:48	08:06
105	1024	Walter Miranda Santos	Individual	Veterano M50	01:21:41	+36:31	08:10
106	596	ARTUR LEITE	Clube Millennium BCP	Veterano M50	01:22:02	+36:52	08:12
107	982	Joao carlos Faustino	Individual	Veterano M50	01:22:10	+37:00	08:13
108	605	MANUEL PEREIRA	Clube Millennium BCP	Veterano M50	01:22:11	+37:01	08:13
109	603	LUIS COSTA	Clube Millennium BCP	Veterano M50	01:22:22	+37:12	08:14
110	599	EDUARDO PINTO	Clube Millennium BCP	Veterano M50	01:22:54	+37:45	08:17
111	1004	Nuno Prates	Individual	Veterano M50	01:22:58	+37:48	08:18
112	602	LEONEL BRANDAO	Clube Millennium BCP	Veterano M50	01:23:09	+38:00	08:19
113	1053	José Manuel B. Gonçalves	Marmotas	Veterano M50	01:23:10	+38:00	08:19
114	706	Carlos Alves	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M50	01:23:28	+38:18	08:21
115	1014	PEDRO CARVALHO	Individual	Veterano M50	01:26:06	+40:56	08:37
116	637	Carlos Vieira	correr loures	Veterano M50	01:26:52	+41:42	08:41
117	969	Carlos Alberto dos Santos Jesus	Individual	Veterano M50	01:27:10	+42:00	08:43
118	1020	Rui Miguel Vias Sabino	Individual	Veterano M50	01:27:16	+42:06	08:44
119	1206	João Lourenço	Urban-Tri	Veterano M50	01:27:45	+42:35	08:46
120	995	Mario Santos	Individual	Veterano M50	01:28:20	+43:11	08:50
121	999	Nelson Inacio	Individual	Veterano M50	01:28:59	+43:50	08:54
122	1048	Carlos Carvalho	Lentos mas Felizes	Veterano M50	01:32:50	+47:40	09:17
123	690	Paulo Marques	GDCT UNICRE	Veterano M50	01:33:01	+47:52	09:18
124	689	Paulo França	GDCT UNICRE	Veterano M50	01:33:02	+47:52	09:18
125	1216	Raul Neves	Individual	Veterano M50	01:33:09	+47:59	09:19
126	1090	Rui Pastor	Pastor Racing	Veterano M50	01:33:56	+48:46	09:24
127	669	António Sá Monteiro	EVELX - Associação de Estilos de Vida Saudável	Veterano M50	01:34:36	+49:27	09:28
128	608	PAULO MATEUS	Clube Millennium BCP	Veterano M50	01:34:55	+49:45	09:29
129	1171	João Santos	Tartarugas Solidárias	Veterano M50	01:36:45	+51:35	09:41



**Prova Principal**
**10 KM**
**OFFICIAL RESULT**

130	1174	Rui Duarte	Tartarugas Solidárias	Veterano M50	01:36:45	+51:35	09:41
131	1172	RENATO PAULETA	Tartarugas Solidárias	Veterano M50	01:36:47	+51:37	09:41
132	1220	José Pedro Grilo	Corrida das Belas	Veterano M50	01:47:30	+01:02:20	10:45
133	687	Paulo Aires	GDCT UNICRE	Veterano M50	01:50:35	+01:05:26	11:04
134	614	VITOR GOMES	Clube Millennium BCP	Veterano M50	01:50:36	+01:05:27	11:04
135	1018	Rafael Figueiredo	Individual	Veterano M50	01:56:59	+01:11:50	11:42
136	607	MARIO TAVARES	Clube Millennium BCP	Veterano M50	01:57:17	+01:12:07	11:44

**Veterano M60**

1	1231	vitor martins	Individual	Veterano M60	59:44		05:58
2	1035	Licínio Fidalgo	Individual	Veterano M60	01:00:06	+00:22	06:01
3	1037	Óscar Rocha	Individual	Veterano M60	01:03:24	+03:40	06:20
4	1030	Diogo Santana	Individual	Veterano M60	01:03:43	+03:59	06:22
5	1027	Antonio Simoes Vieira	Individual	Veterano M60	01:09:06	+09:22	06:55
6	1261	Jose Oliveira	Individual	Veterano M60	01:11:51	+12:06	07:11
7	1029	Carlos Rangel	Individual	Veterano M60	01:13:29	+13:45	07:21
8	571	João Soares	Casa do Benfica em Algueirão Mem Martins	Veterano M60	01:13:51	+14:07	07:23
9	1026	Alberto Manuel Rolim valente	Individual	Veterano M60	01:14:03	+14:19	07:24
10	1034	Jose Ribeiro	Individual	Veterano M60	01:14:58	+15:14	07:30
11	692	Gonçalo Oliveira	GDCT UNICRE	Veterano M60	01:15:37	+15:53	07:34
12	1063	Jose Antonio Costa	Nao fazemos nem mais um Km	Veterano M60	01:15:41	+15:57	07:34
13	1028	Arménio Andrade	Individual	Veterano M60	01:16:14	+16:30	07:37
14	1073	CARLOS FERREIRA	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M60	01:18:03	+18:18	07:48
15	548	Serafim Marques	Asas Almada/Seixal	Veterano M60	01:18:56	+19:12	07:54
16	547	Agostinho Marques	Asas Almada/Seixal	Veterano M60	01:18:56	+19:12	07:54
17	619	LUIS MENDES	Clube Millennium BCP	Veterano M60	01:22:19	+22:35	08:14
18	617	JOAQUIM FULGENCIO	Clube Millennium BCP	Veterano M60	01:23:07	+23:23	08:19
19	1054	João António Prehaz	Marmotas	Veterano M60	01:23:10	+23:26	08:19
20	1139	Luis Reis	Serviços Sociais Montepio	Veterano M60	01:24:16	+24:32	08:26
21	1036	MARIO PIRES	Individual	Veterano M60	01:25:42	+25:58	08:34
22	618	JORGE COLAÇO	Clube Millennium BCP	Veterano M60	01:25:57	+26:13	08:36
23	1033	JOSE LUIS CORREIA	Individual	Veterano M60	01:27:54	+28:10	08:47
24	1160	Francisco Clerigo	SS CGD	Veterano M60	01:28:23	+28:39	08:50
25	572	Rui Emidio	Casa do Benfica em Algueirão Mem Martins	Veterano M60	01:28:31	+28:47	08:51
26	1032	José Catita	Individual	Veterano M60	01:35:28	+35:44	09:33
27	616	FERNANDO FERREIRA	Clube Millennium BCP	Veterano M60	01:37:55	+38:11	09:47

**TEAM RESULTS - PROVA PRINCIPAL**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	ALPHADEN WOLVES OCR	2 + 4 + 6	12
2	CROSSFIT ODIVELAS	11 + 42 + 49	102
3	SERVIÇOS SOCIAIS MONTEPIO	15 + 62 + 66	143
4	GRUPO DESPORTIVO SANTANDER TOTTA	44 + 47 + 69	160
5	ELEVADORES TRAIL TEAM	20 + 32 + 134	186
6	OPRATICANTE.PT	56 + 72 + 78	206
7	CORRER LISBOA	1 + 85 + 148	234
8	SIMECQ	57 + 58 + 143	258
9	CLUBE MILLENNIUM BCP	37 + 116 + 129	282
10	CAPENAFIRME	8 + 144 + 200	352
11	FREE RUNNERS/IDENTPRINT	28 + 137 + 188	353
12	SCALABIS NIGHT RUNNERS	55 + 142 + 159	356
13	TREINO NO PARK	21 + 75 + 291	387
14	SS CGD	91 + 149 + 162	402
15	RUNWALKTALK DIGITAL	50 + 185 + 198	433
16	BIKER S DA ALDEIA	90 + 140 + 216	446
17	URBAN-TRI	130 + 131 + 254	515
18	CORRIDA DAS BELAS	88 + 89 + 339	516
19	CASA DO BENFICA EM ALGUEIRÃO MEM MARTINS	113 + 234 + 235	582
20	AMPS	195 + 217 + 218	630
21	VOLCANOS	191 + 262 + 267	720
22	LEGIÃO 13	114 + 232 + 379	725
23	OTC TEAM	98 + 318 + 423	839
24	ALPENDRECOS	274 + 283 + 284	841
25	NUCLEO DESPORTIVO AUTOCOOPE	183 + 225 + 465	873
26	NESHA HOP & RUN TEAM	292 + 293 + 295	880
27	GDCT UNICRE	266 + 408 + 409	1083
28	ALL 4 ADVENTURE RUNNERS	197 + 361 + 546	1104
29	HALLBLACKS	331 + 385 + 488	1204
30	MARMOTAS	110 + 549 + 550	1209
31	NAO FAZEMOS NEM MAIS UM KM	428 + 429 + 430	1287
32	ÉVORA NIGHT RUNNERS	367 + 368 + 556	1291
33	RUNLOVERS	433 + 434 + 435	1302
34	CORRER LOURES	281 + 579 + 580	1440
35	ASAS ALMADA/SEIXAL	480 + 483 + 484	1447
36	TARTARUGAS SOLIDÁRIAS	214 + 657 + 658	1529
37	ARREBENTA A BOLHA	472 + 671 + 672	1815
38	AS QUENIANAS	602 + 616 + 617	1835

